



*Joint NICER/IXPE workshop 2024 • Washington*

2024/07/31

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**Rapid dimming followed by a state transition: a study of the highly variable nuclear transient AT 2019avd over 1000 days**

Yanan Wang (NAOC)

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In collaboration with:

Dheeraj R. Pasham, Diego Altamirano, Andres Gorpide, Noel Castro Segura, Matthew Middleton, Long Ji, Santiago del Palacio, Muryel Guolo, Poshak Gandhi, Shuang-Nan Zhang, Ronald Remillard, Dacheng Lin, Megan Masterson, Ranieri D. Baldi, Francesco Tombesi, Jon M. Miller, Wenda Zhang and Andrea Sanna



# State transitions occurring in TDEs

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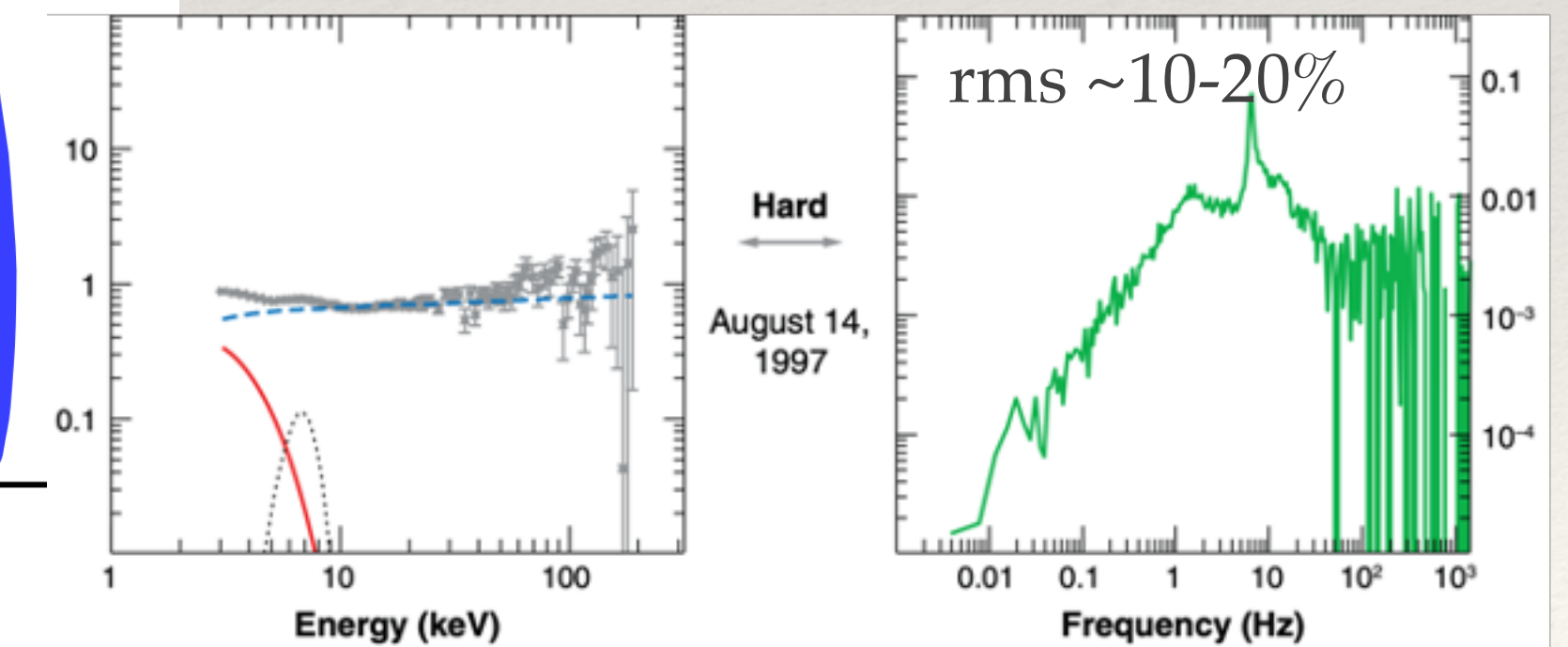
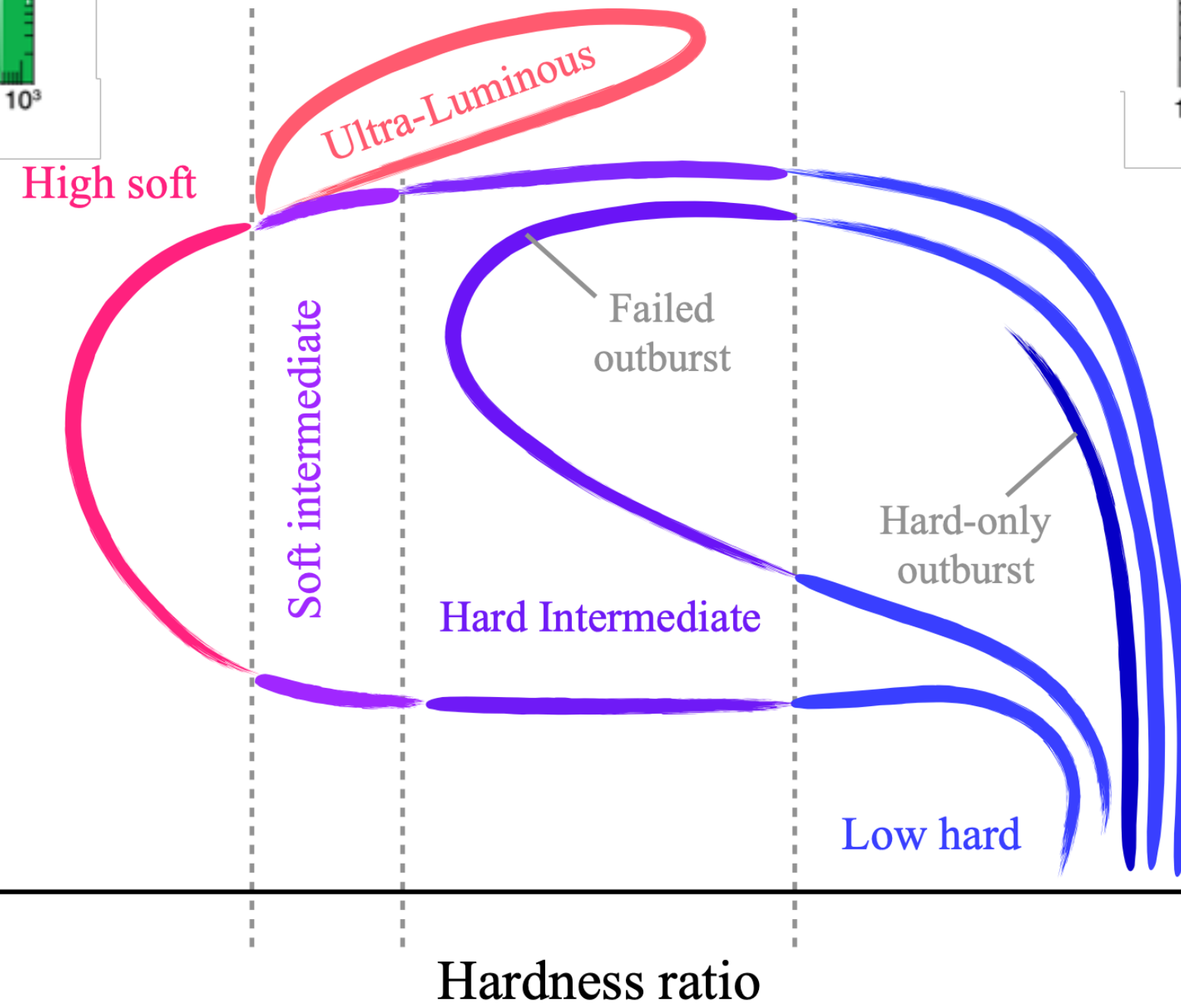
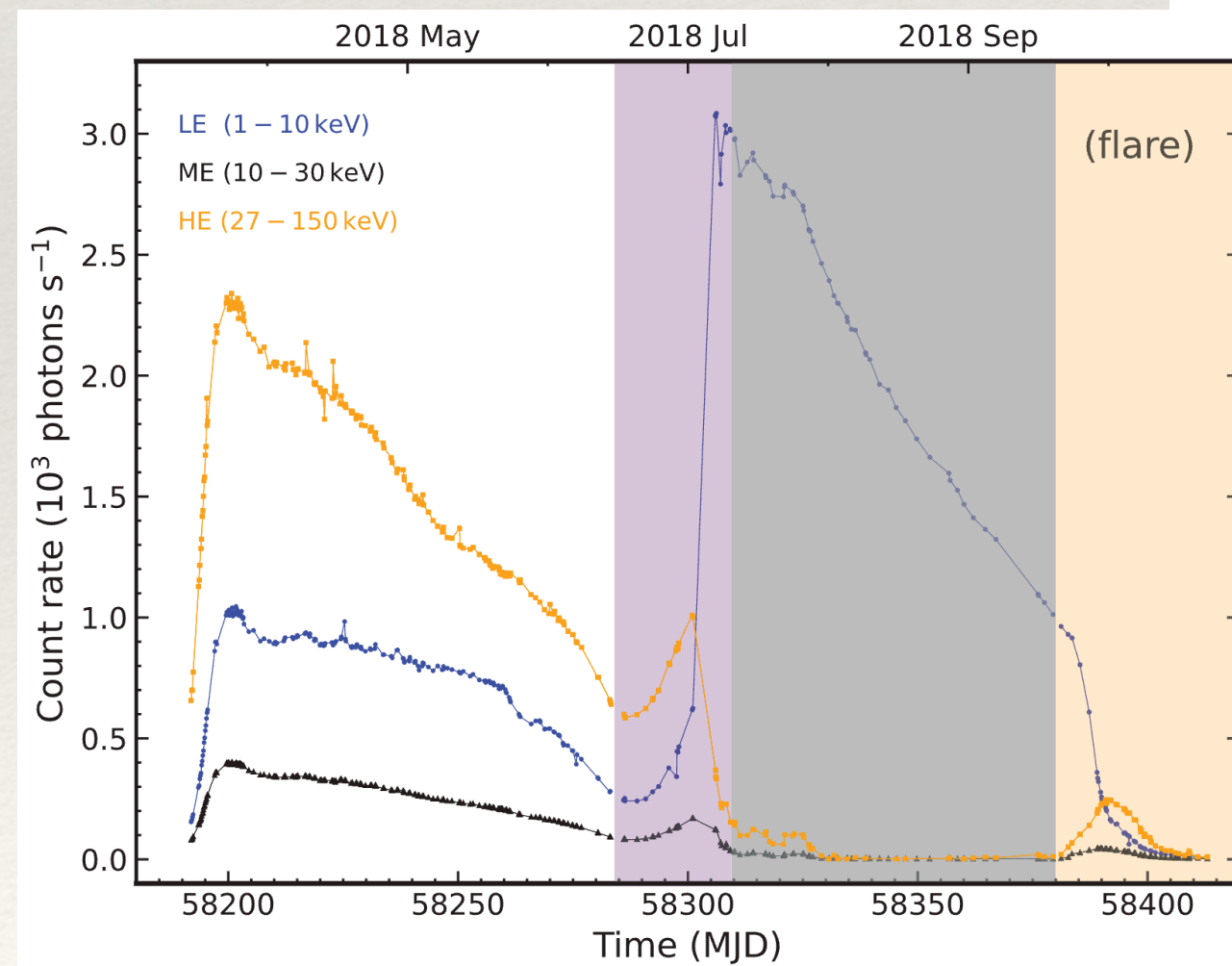
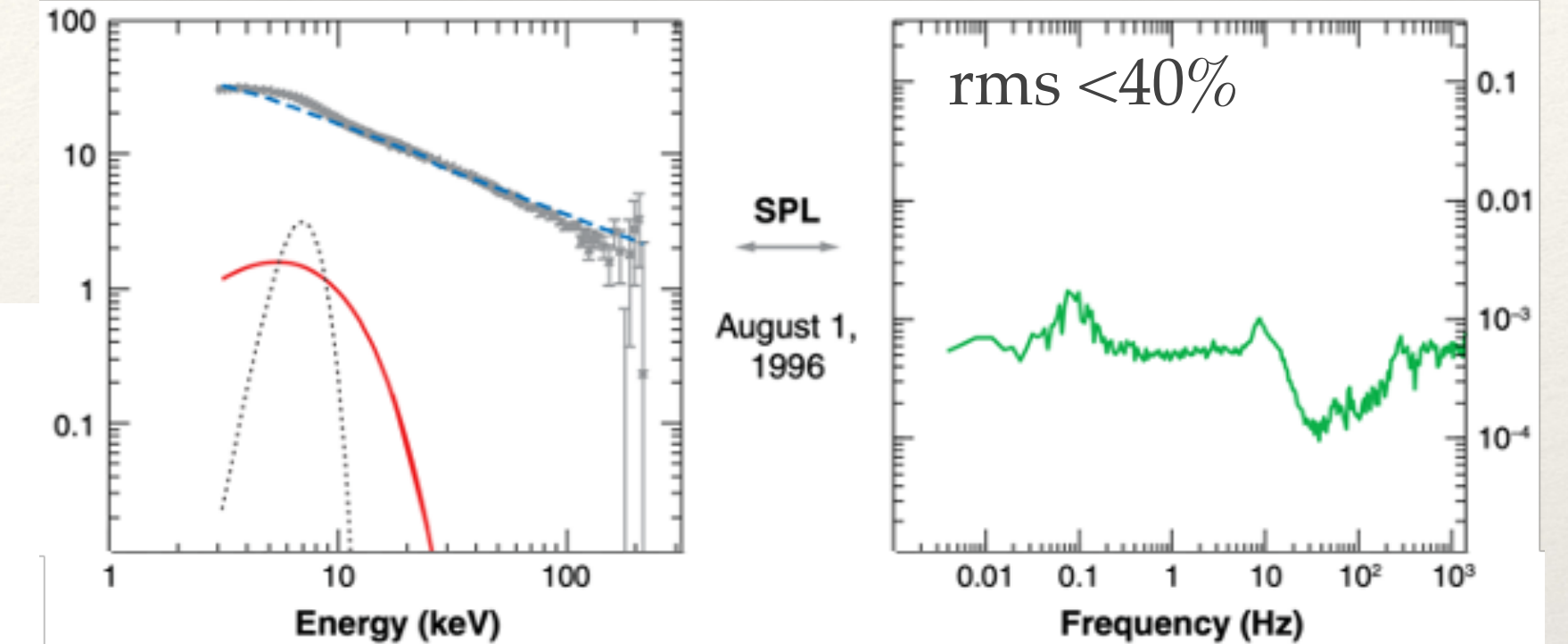
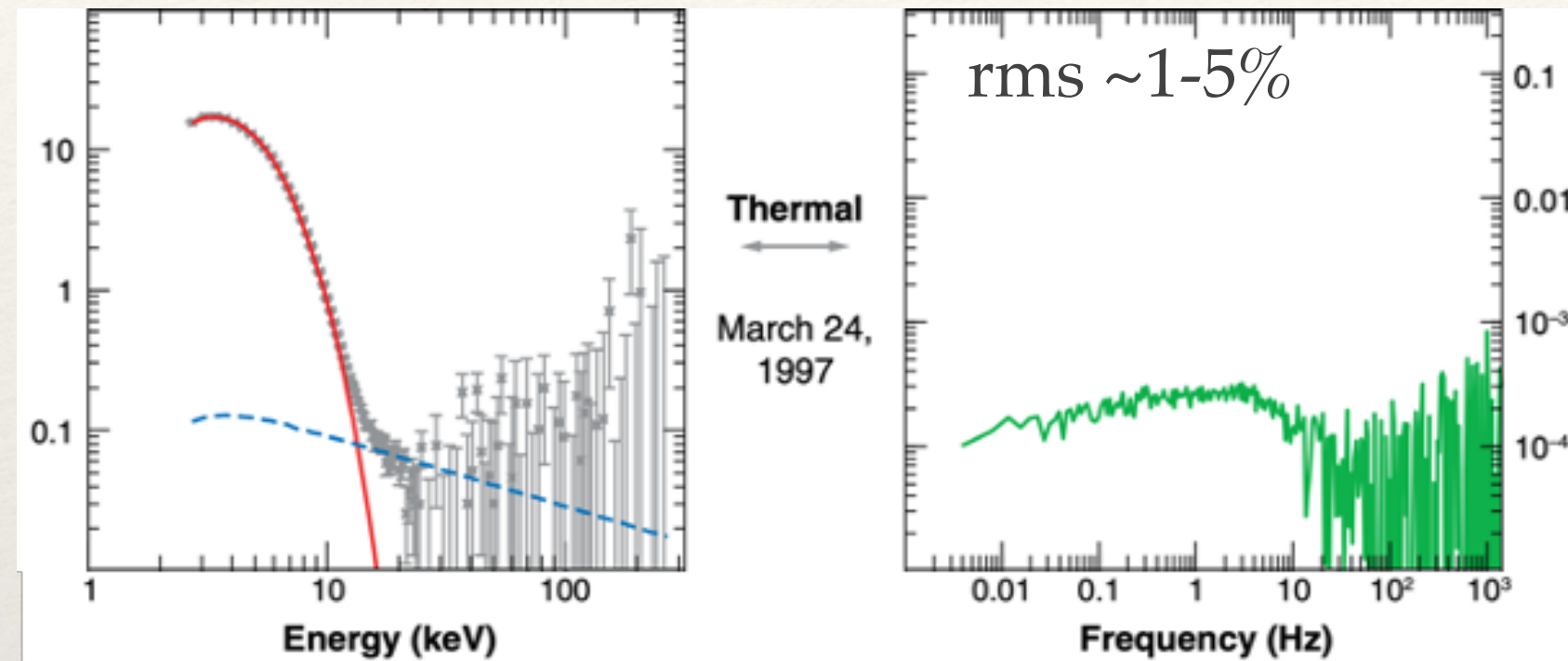
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# State transitions in BHXRBs



You+ (2023)

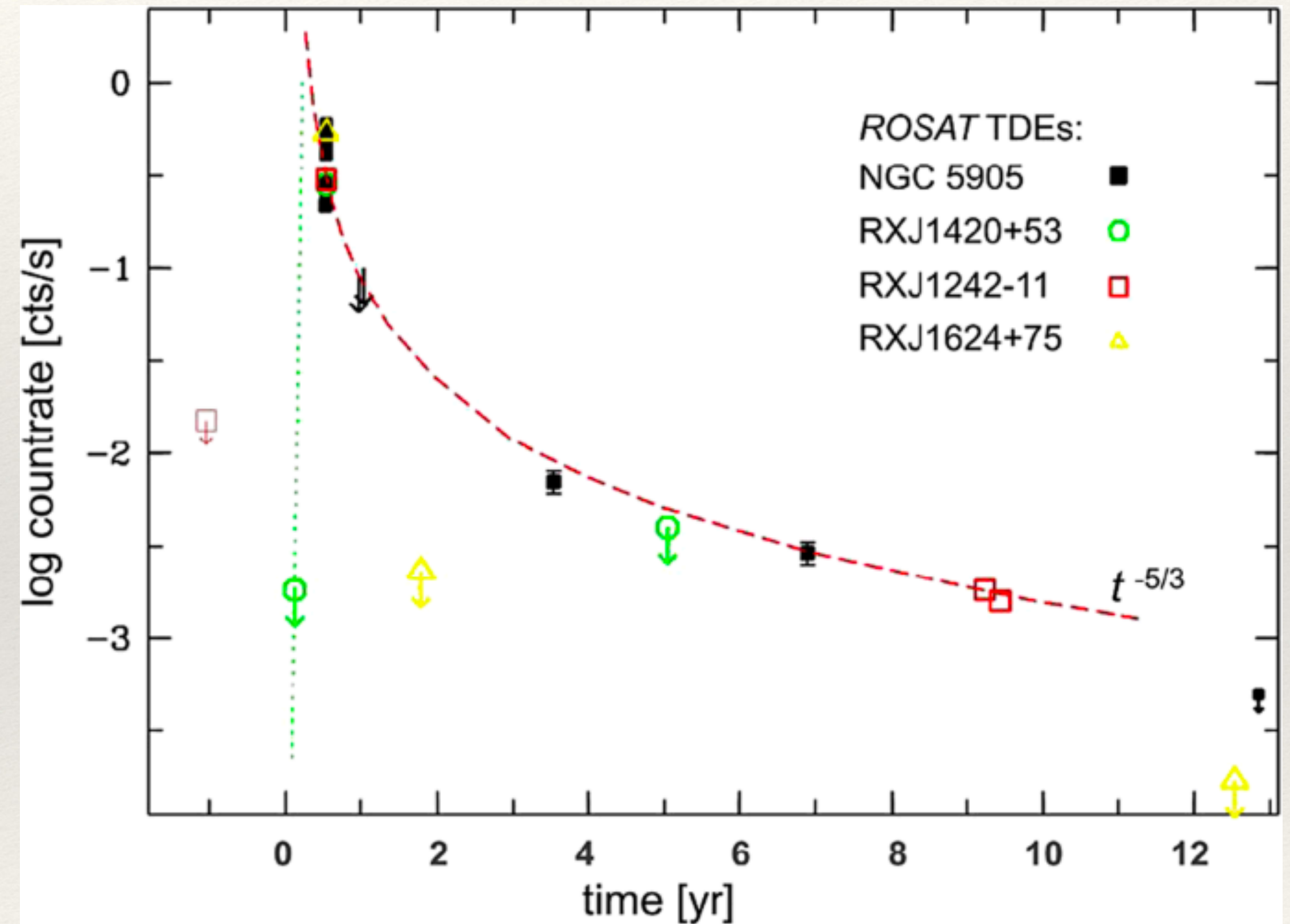
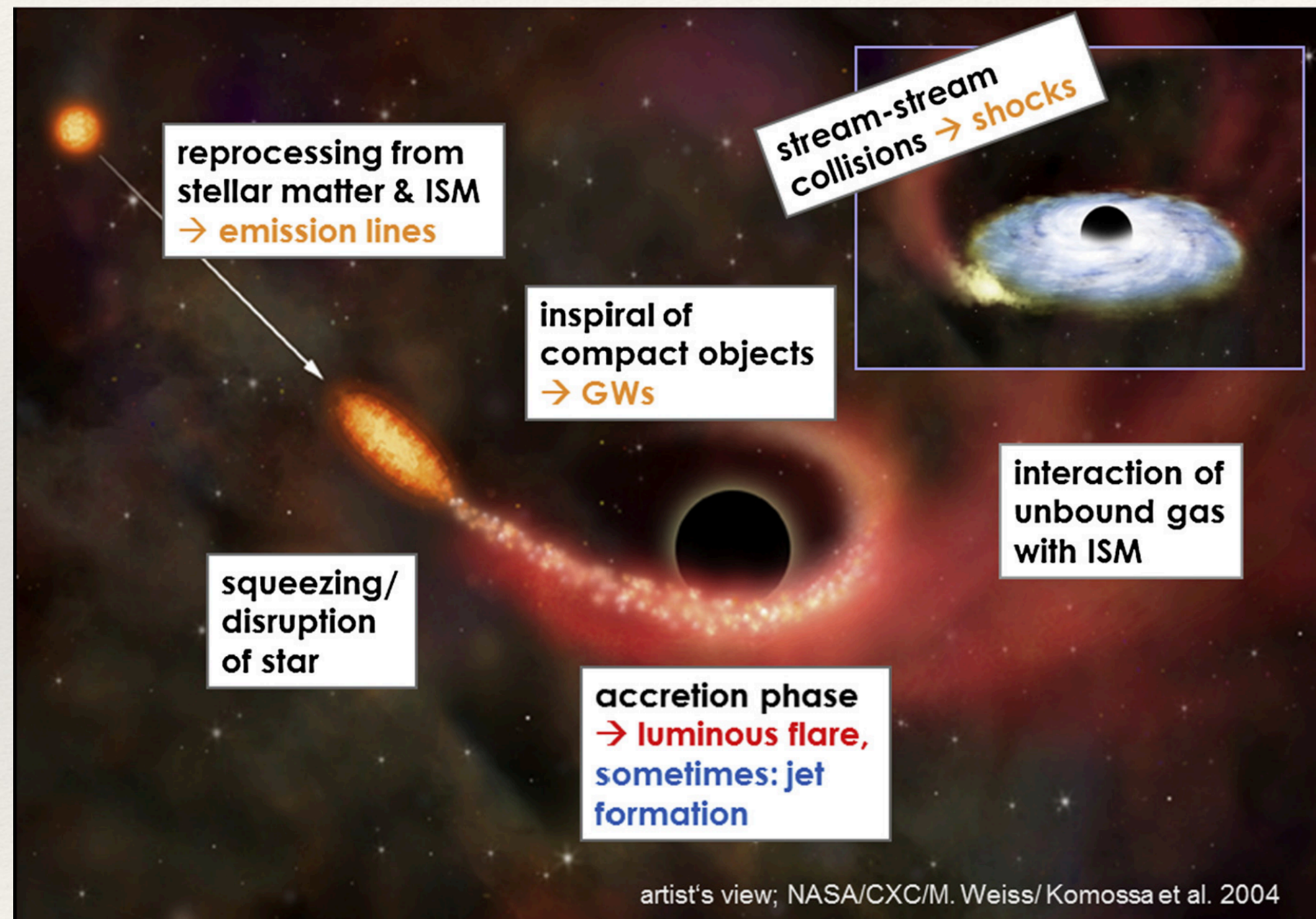
Motta+ (2021)

Remillard & McClintock (2006)

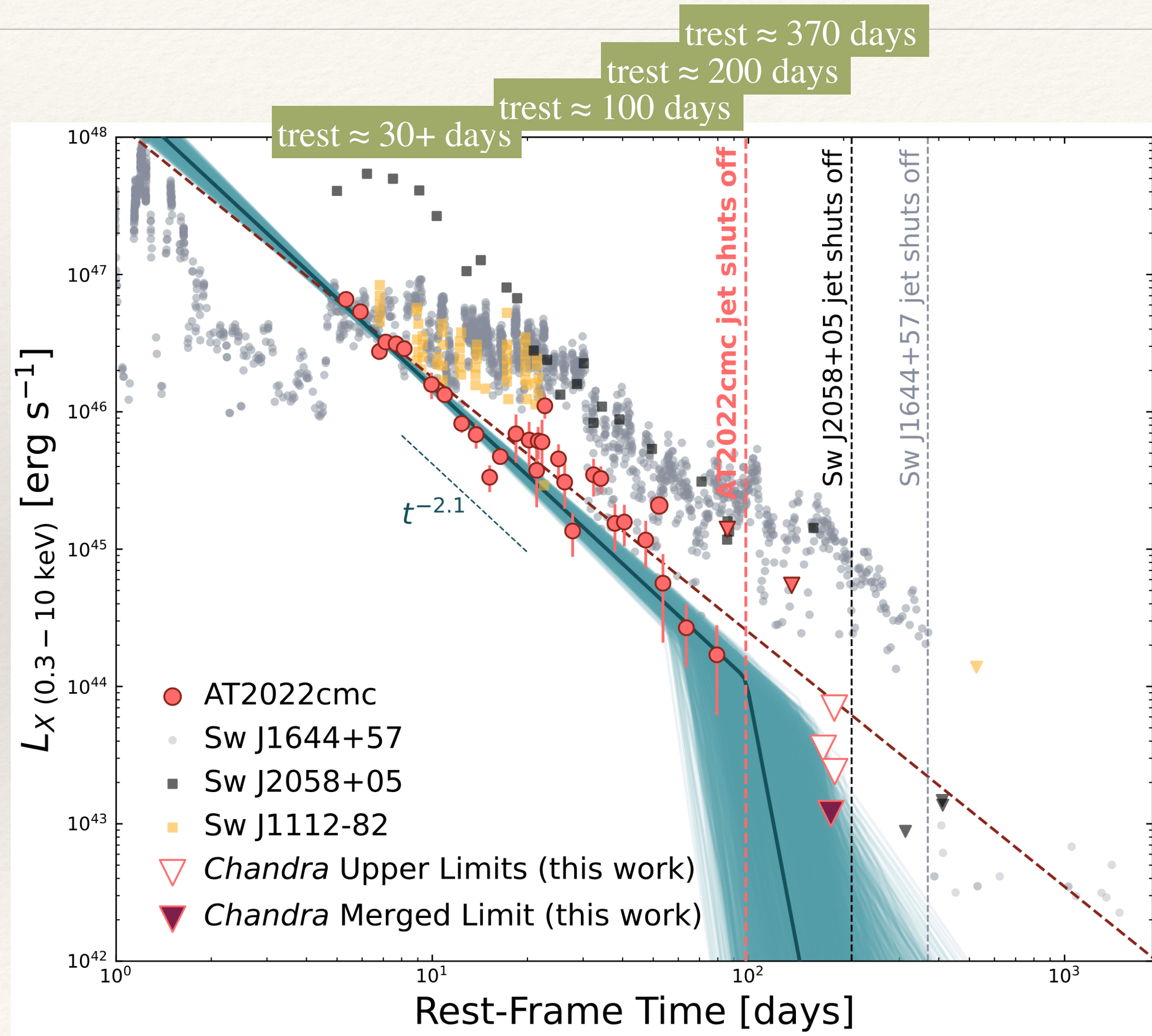
# Tidal disruption events (TDEs)

Hill (1975); Rees (1988)

Komossa+ (2004)

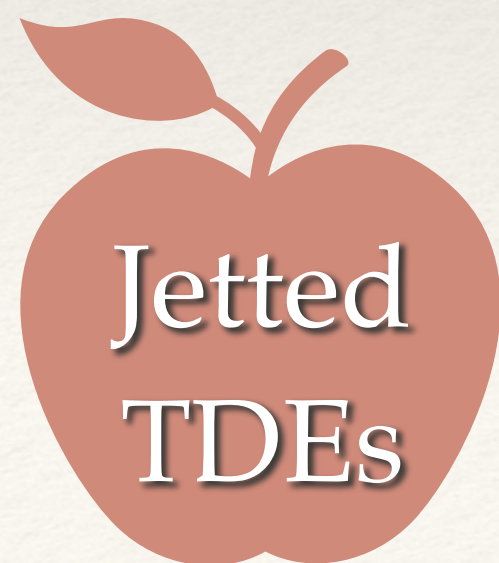


# State transition in TDEs: Rapid drop-off



AT 2022cmc, Eftekhari+ (submitted)

Swift J1112,  $M_{\text{BH}} \sim 2 - 5 \times 10^6 M_{\odot}$ , Brown+ (2015)  
 AT 2022cmc,  $M_{\text{BH}} < 5 \times 10^7 M_{\odot}$ , Yao+ (2024)  
 SWIFT J2058.4,  $M_{\text{BH}} \sim 10^4 - 6 M_{\odot}$ , Pasham+ (2015)  
 Swift 1644,  $M_{\text{BH}} \sim 10^5 - 6 M_{\odot}$ , Burrows+ (2011)



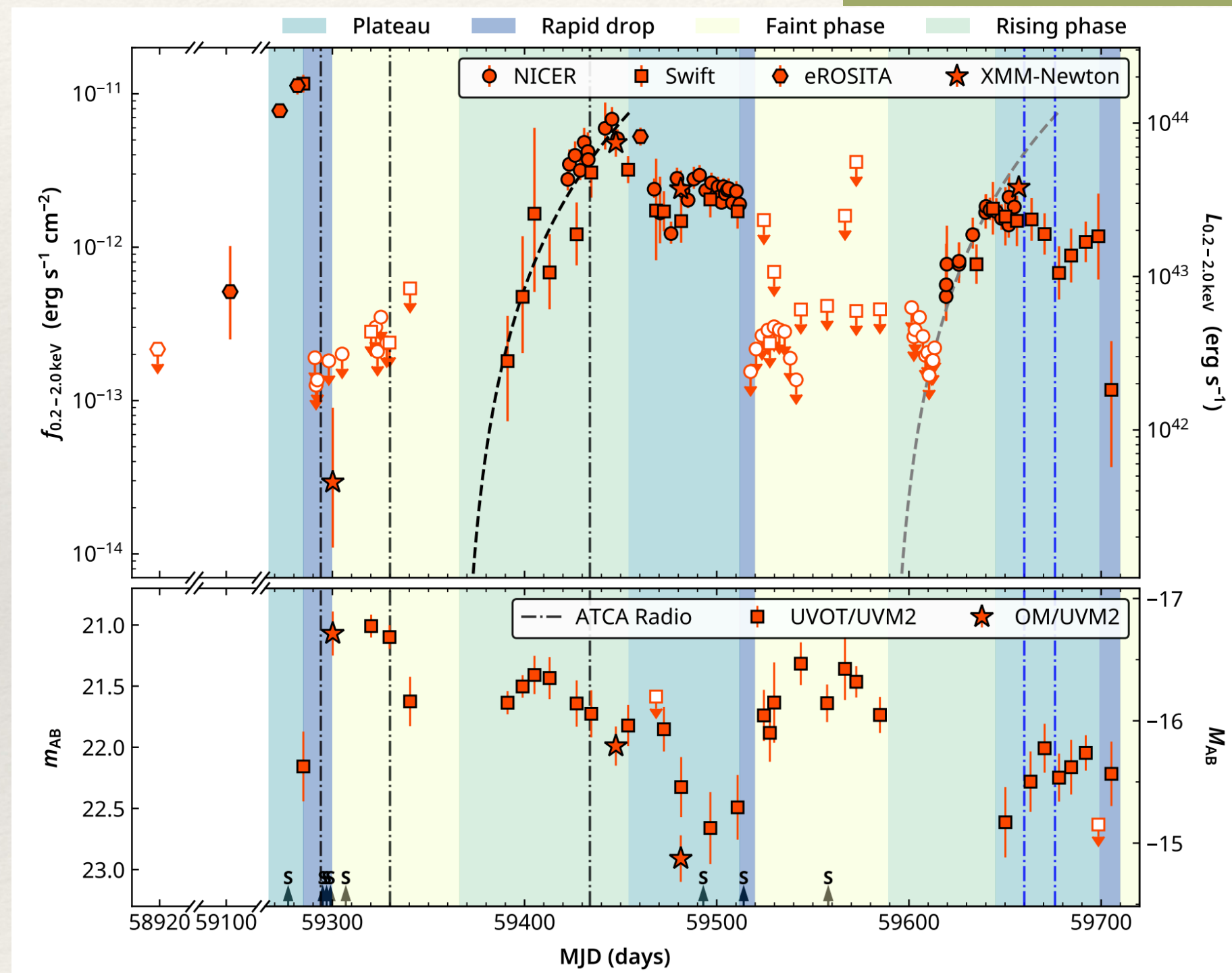
# State transition in TDEs: Rapid drop-off

eRASSt J045650.3,  $M_{\text{BH}} \sim 10^{6-7} M_{\odot}$ , Liu+ (2023)

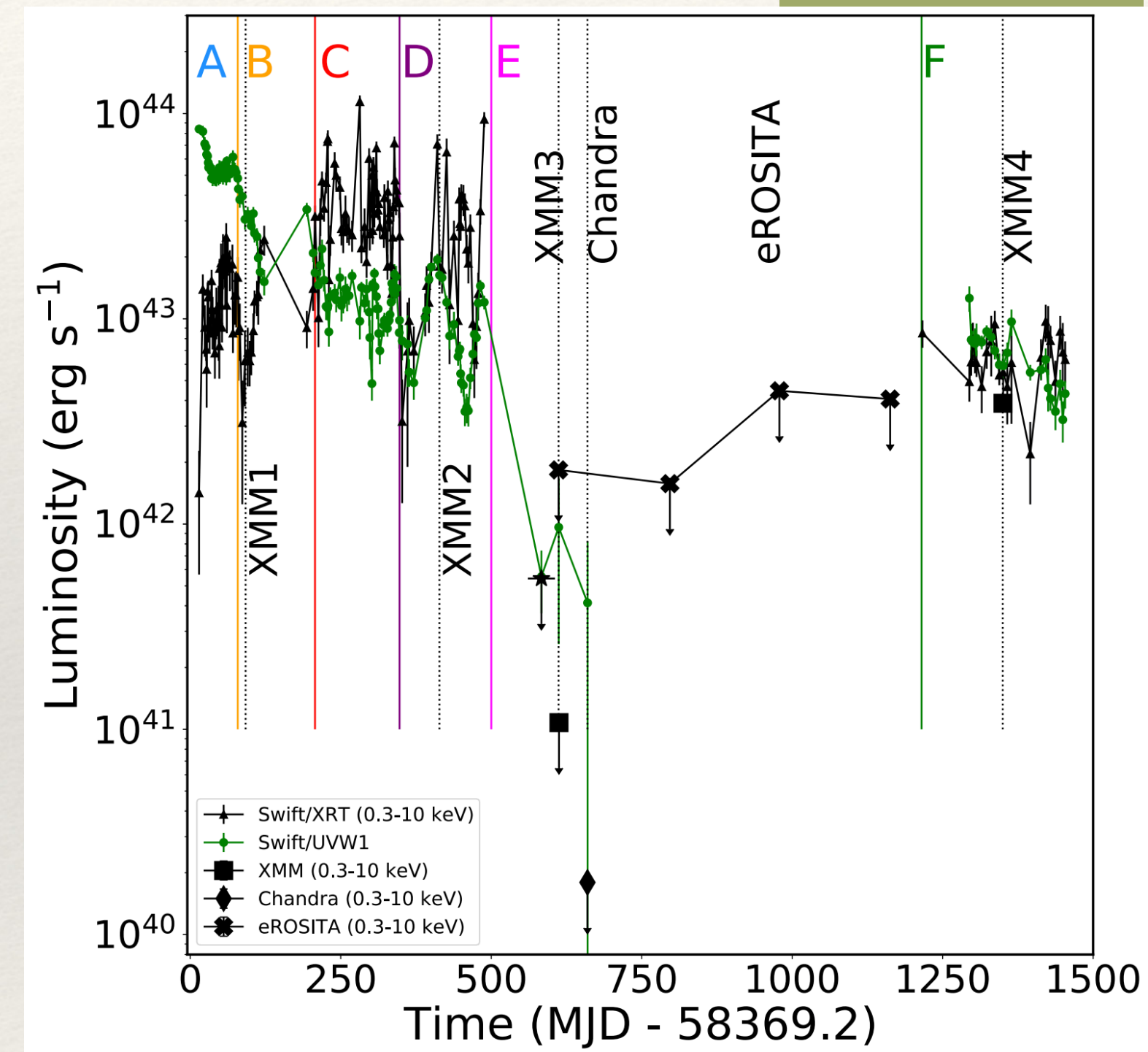
AT 2018fyk,  $M_{\text{BH}} \sim 10^{7.4 \pm 0.4} M_{\odot}$ , Wevers+ (2021)

trest  $\approx$  90/150 days

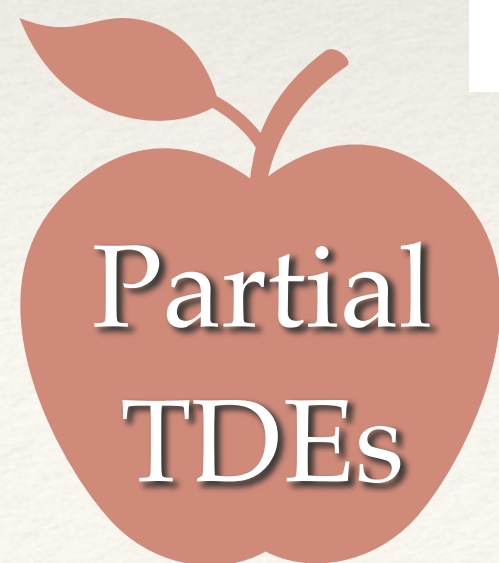
trest  $\approx$  500 days



Radio emission detected in the plateau phase

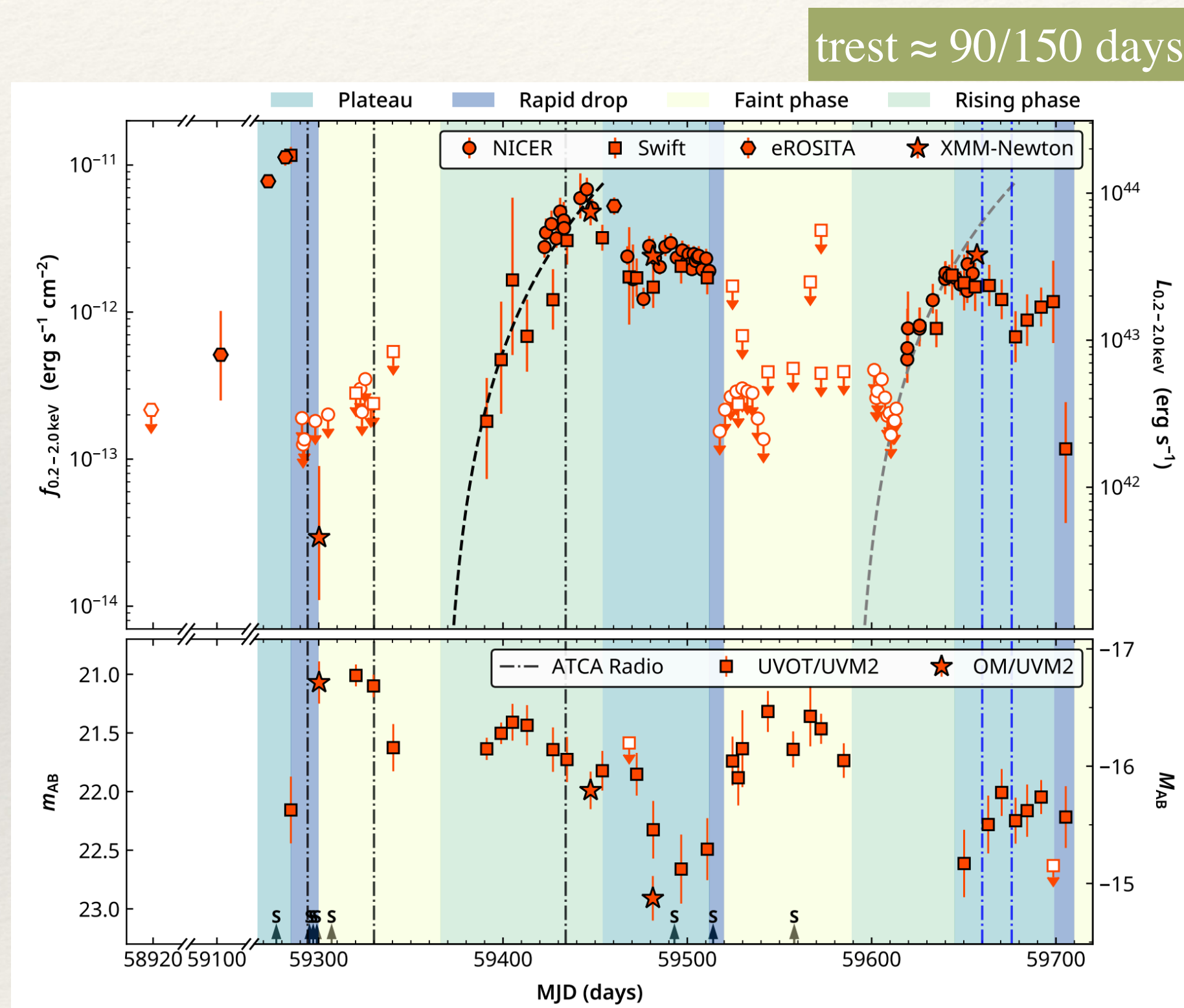


No radio emission detected

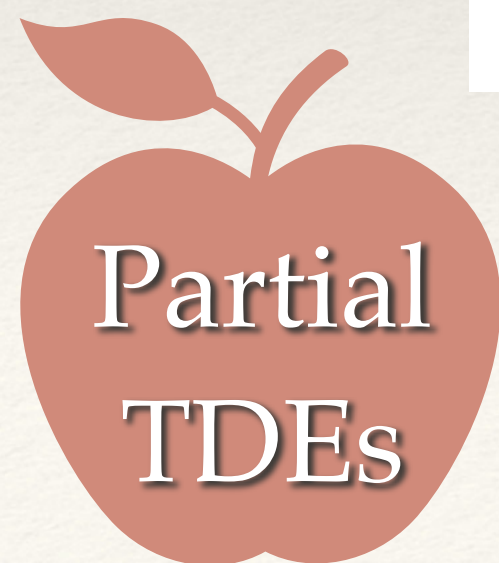
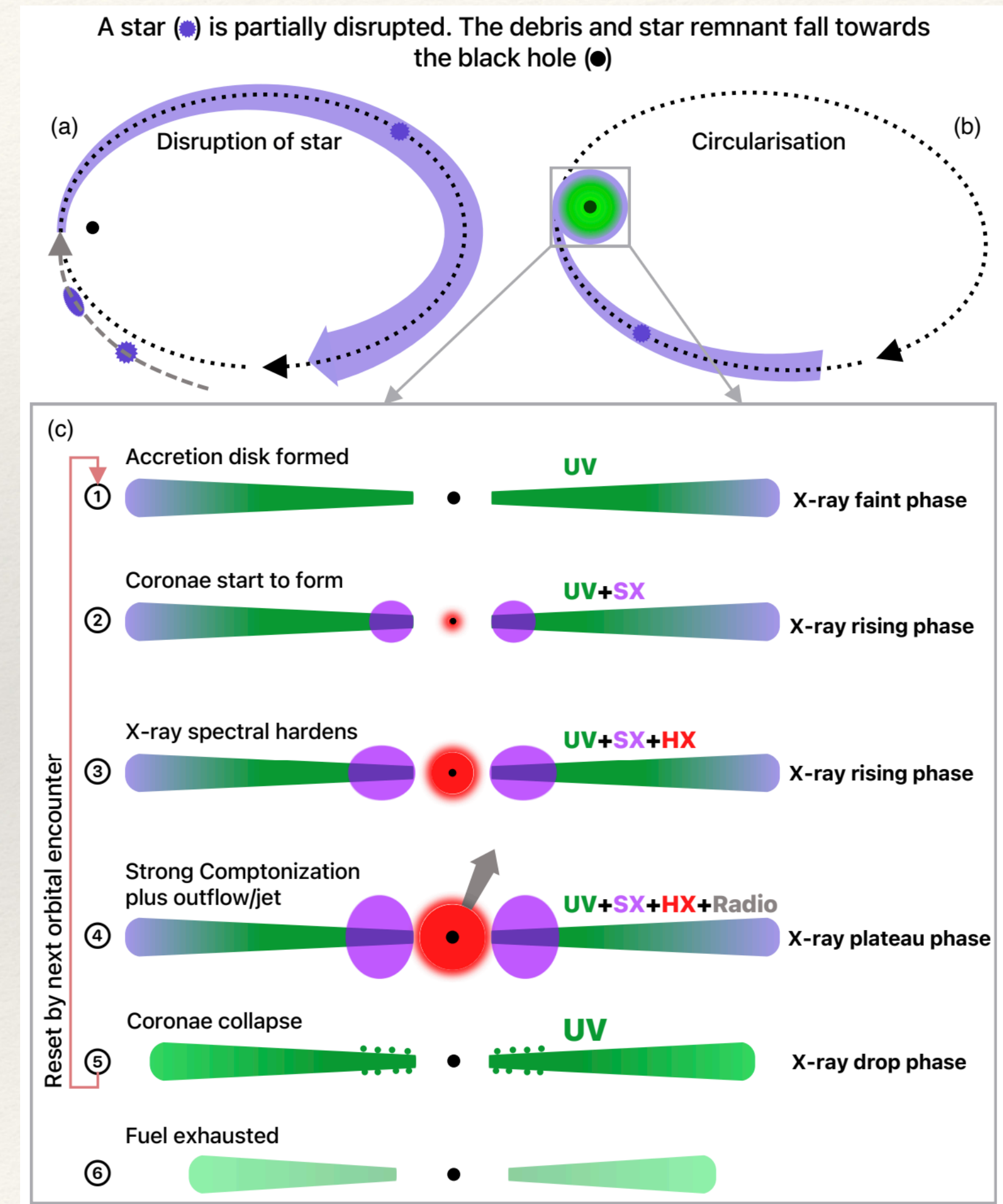


# State transition in TDEs: Rapid drop-off

eRASSt J045650.3,  $M_{\text{BH}} \sim 10^{6-7} M_{\odot}$ , Liu+ (2023)



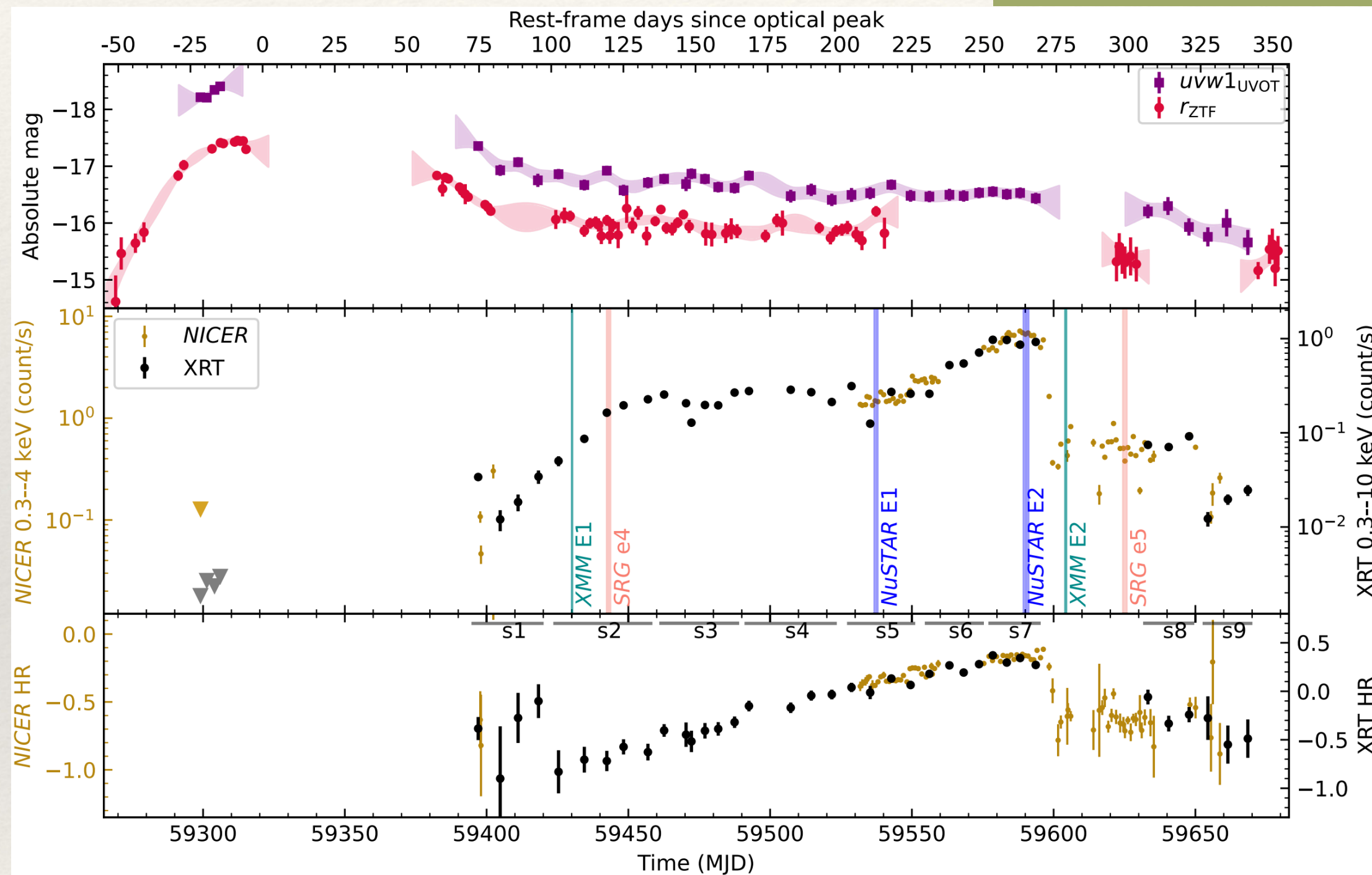
Radio emission detected in the plateau phase



# State transition in TDEs: Rapid drop-off

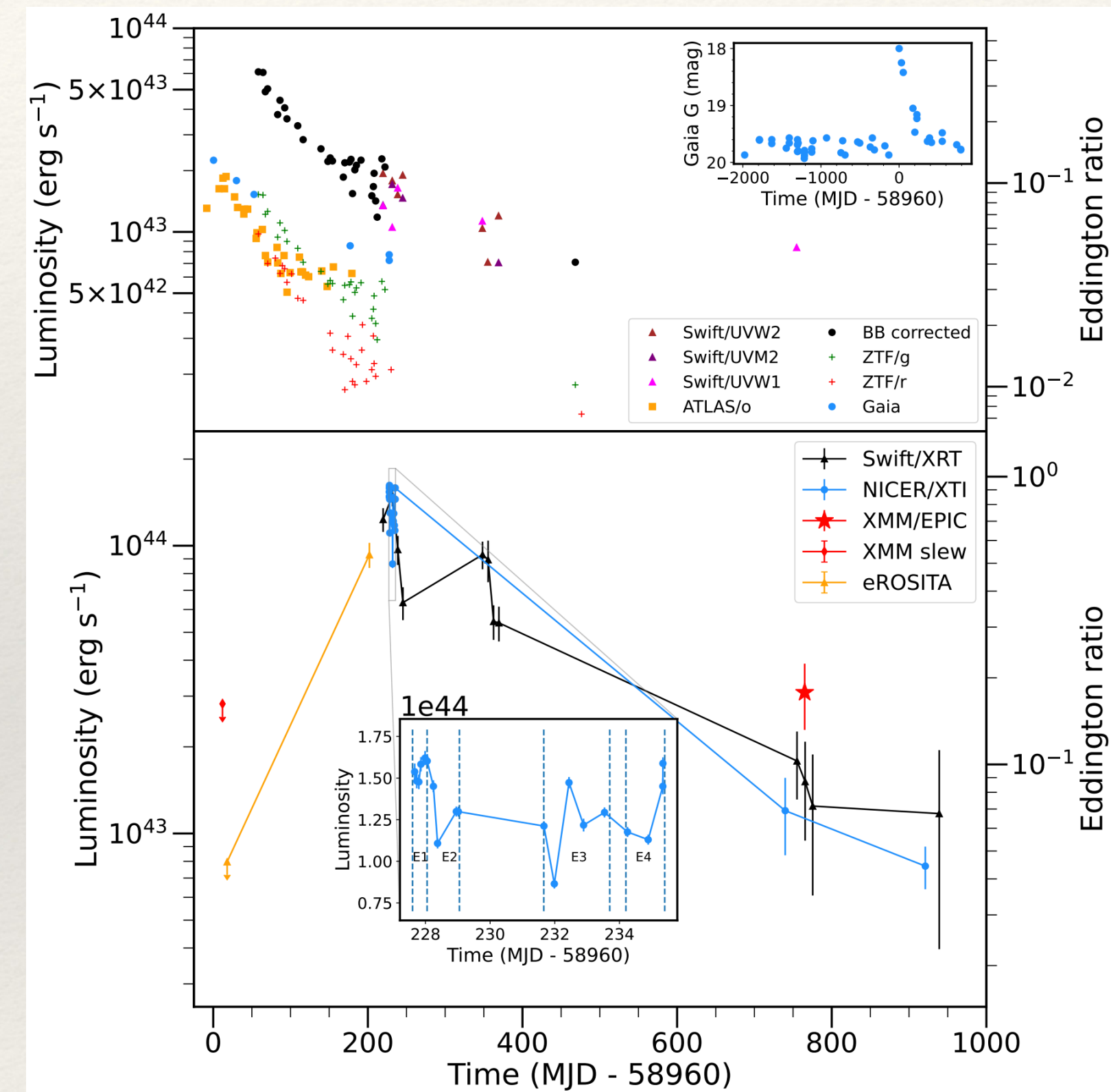
AT 2021ehb,  $M_{\text{BH}} \sim 10^{7.03 \pm 0.22} M_{\odot}$ , Yao+ (2022)

trest  $\approx 320/370$  days

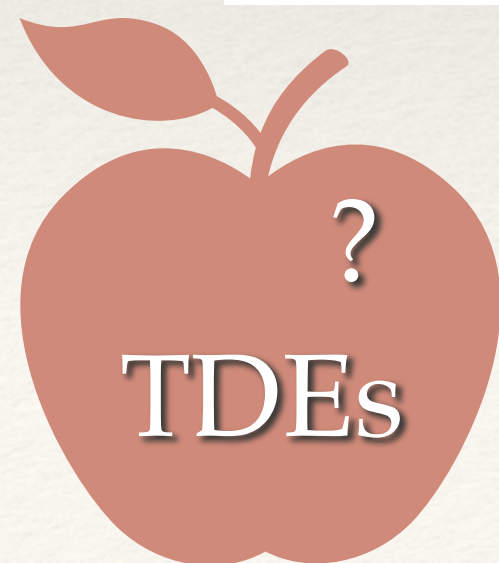


No radio emission detected

AT 2020ksf,  $M_{\text{BH}} \sim 10^{6.1 \pm 0.4} M_{\odot}$ , Wevers+ (2024)



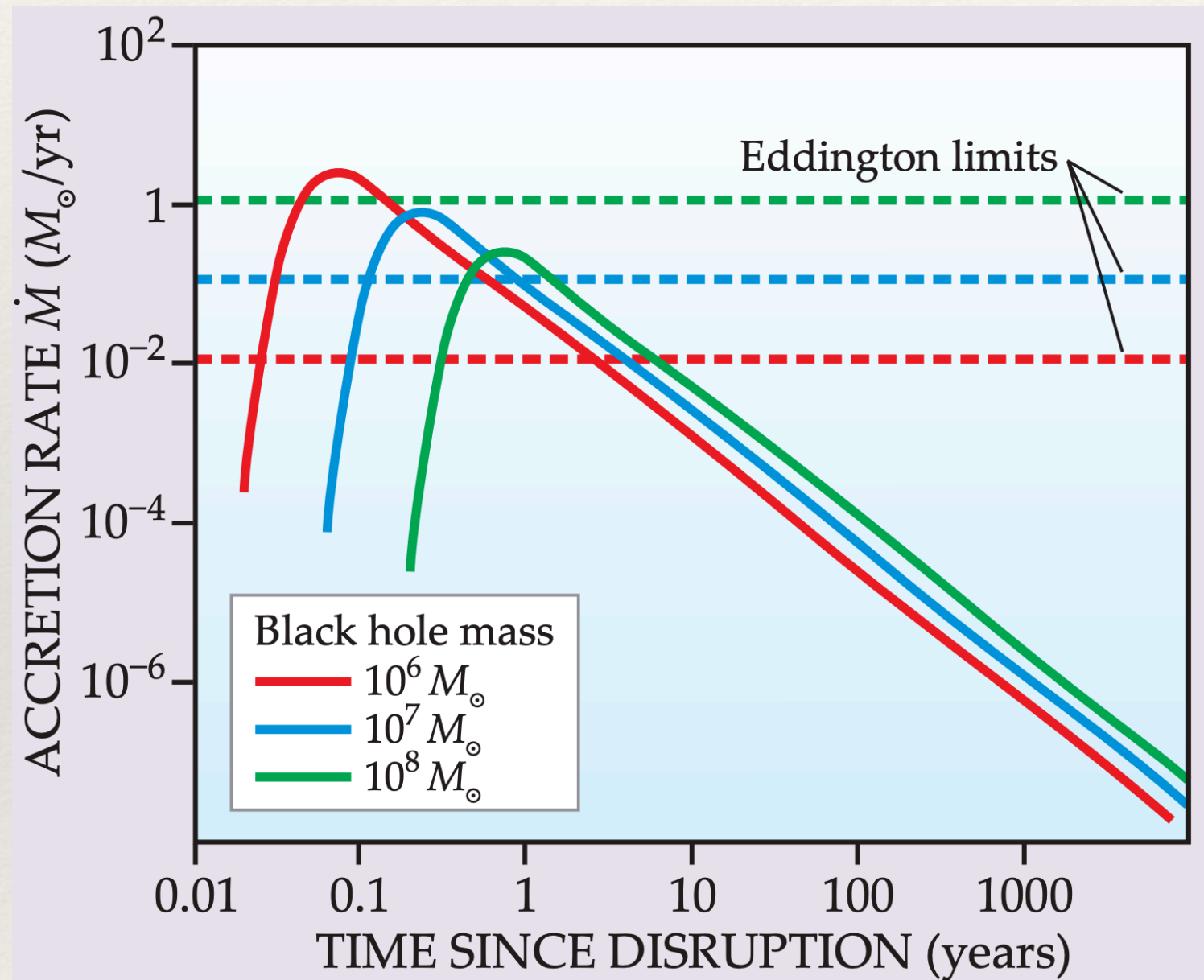
Radio emission detected after 230 days





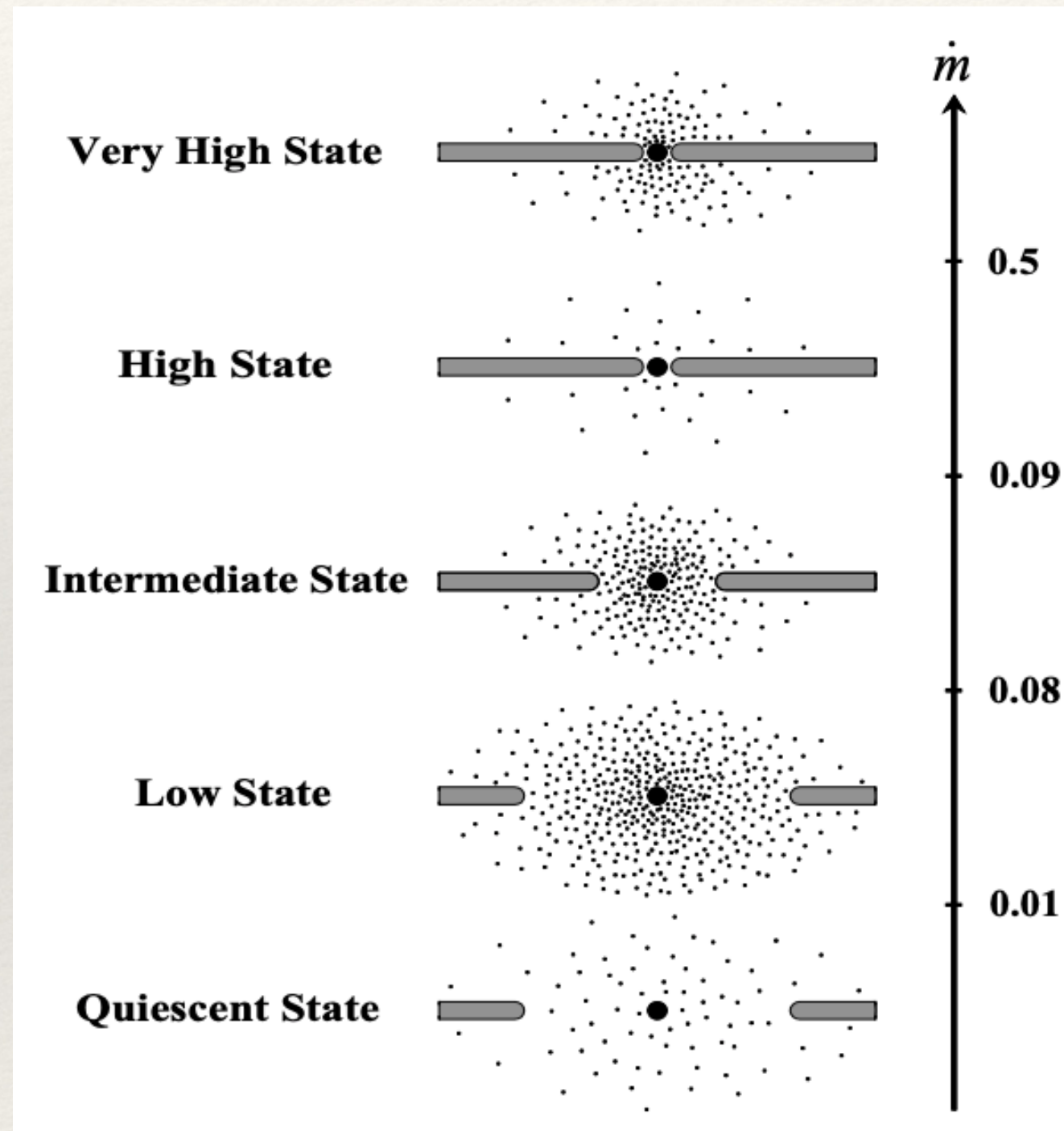
# Plausible explanations for the rapid drop-off

super- to sub-critical state



De colle+ (2012); Gezari+ (2014)

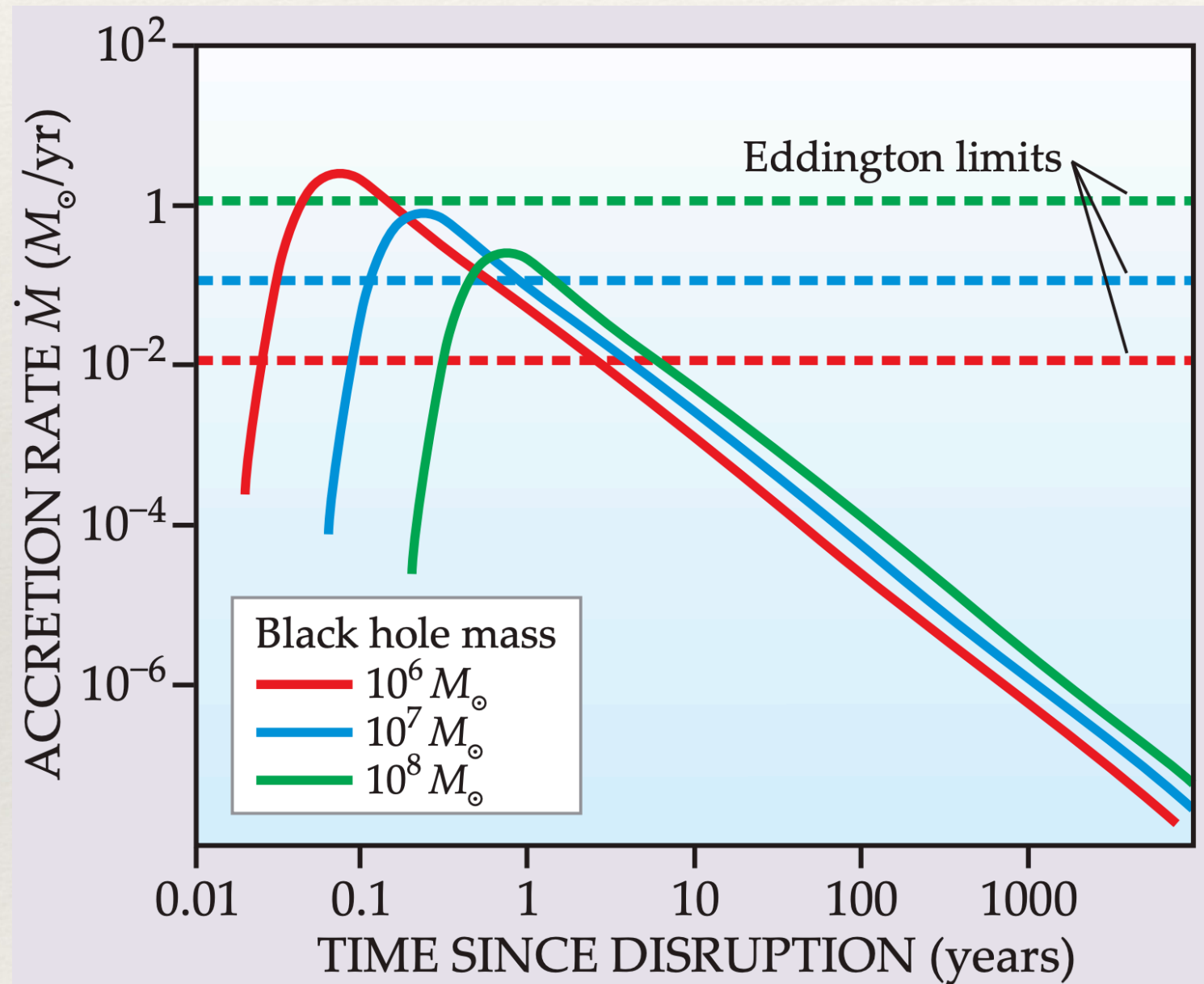
soft to hard state



Esin+ (1997)

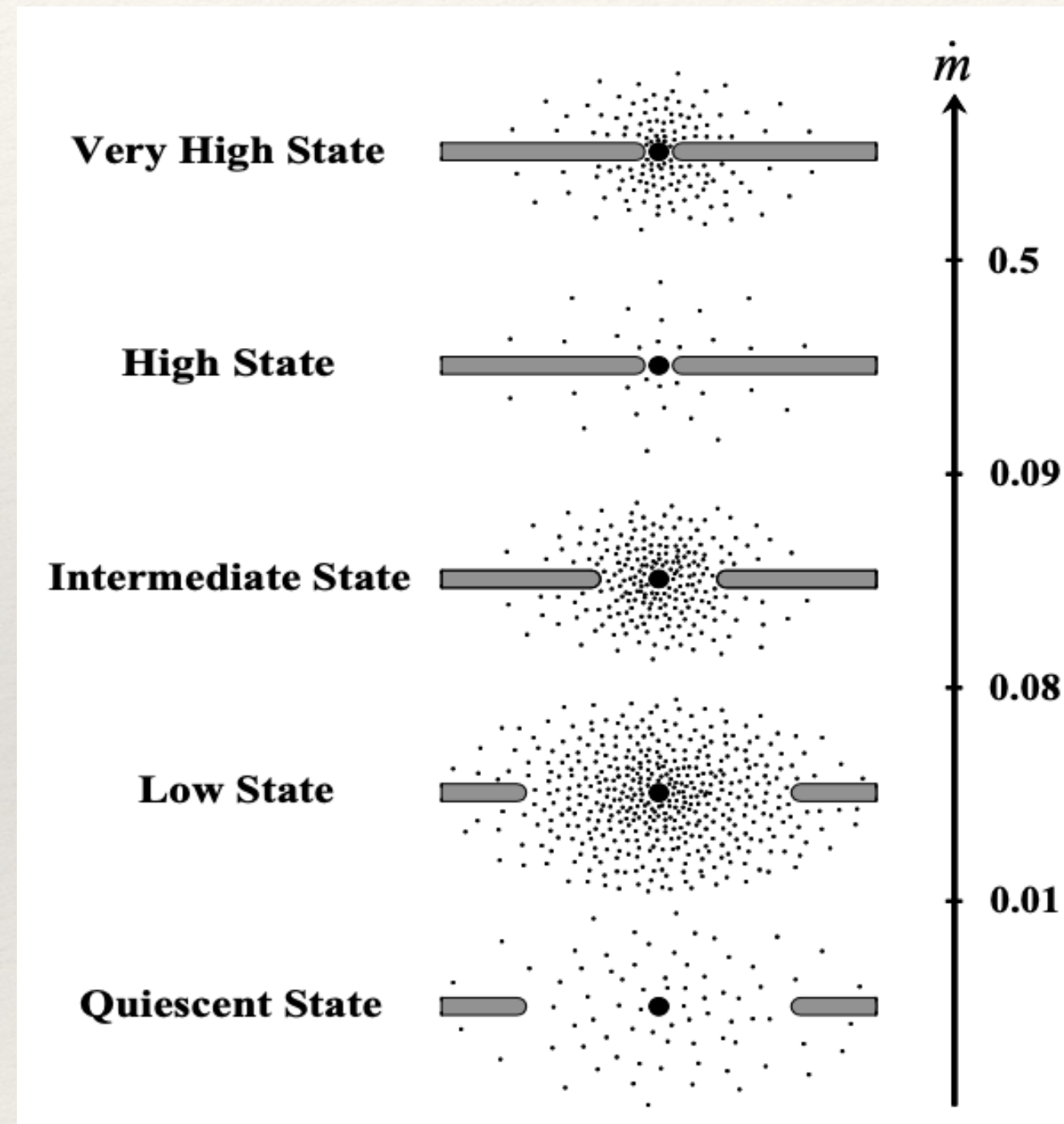
# Plausible explanations for the rapid drop-off

super- to sub-critical state



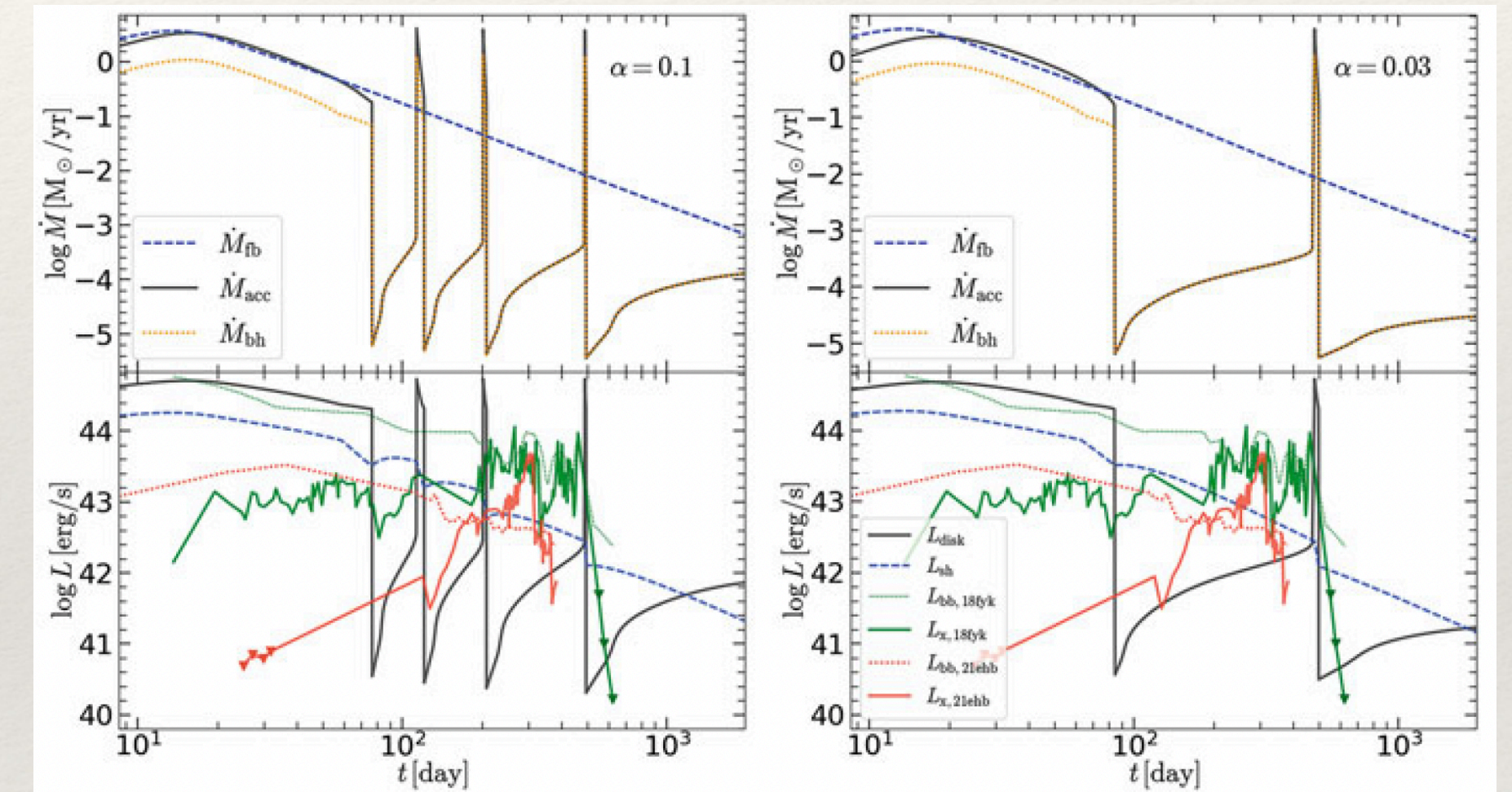
De colle+ (2012); Gezari+ (2014)

soft to hard state



Esin+ (1997)

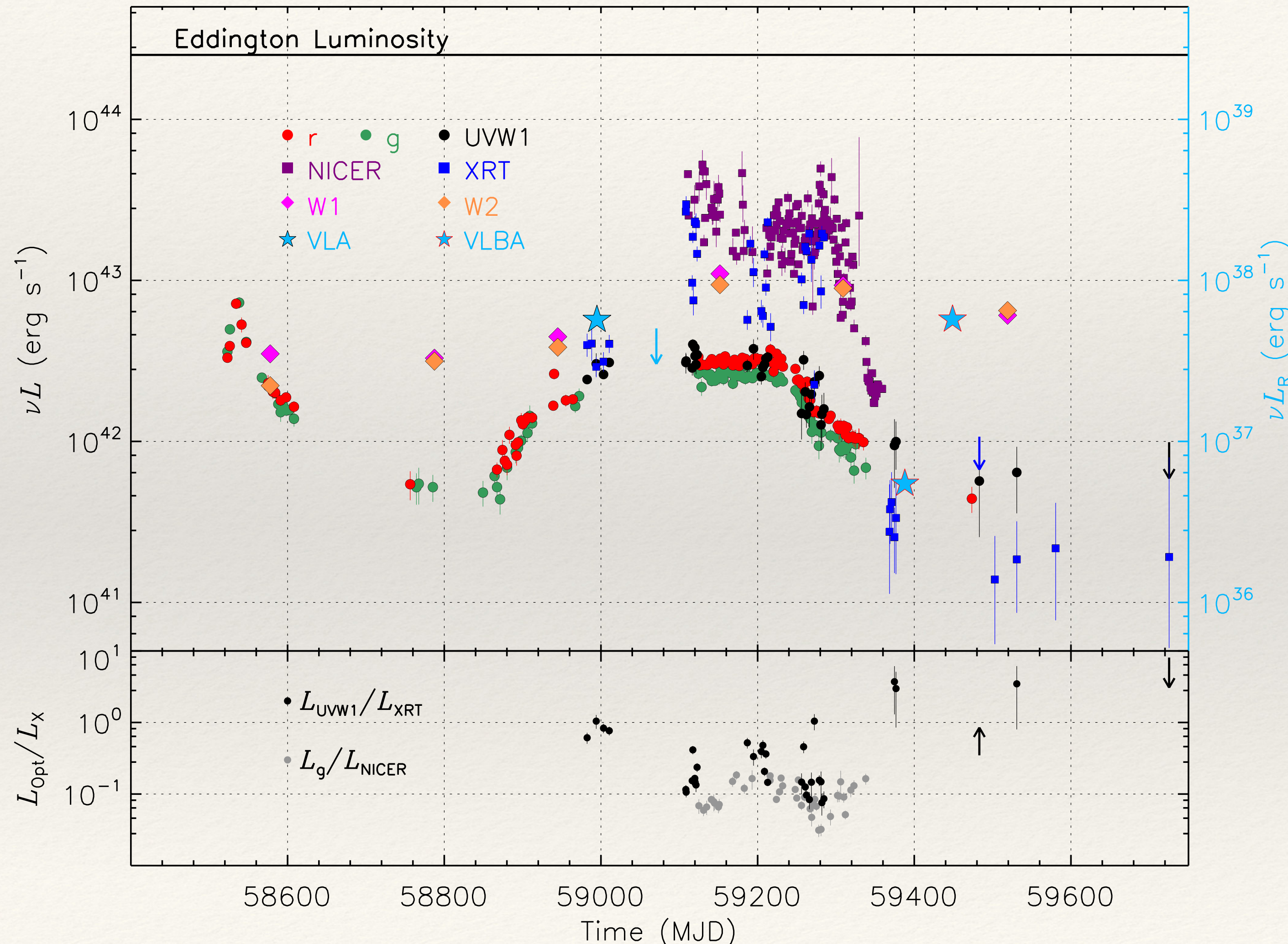
super-critical state:  
radiation pressure instabilities



Lu (2023)

# AT 2019avd: Multi-wavelength emission

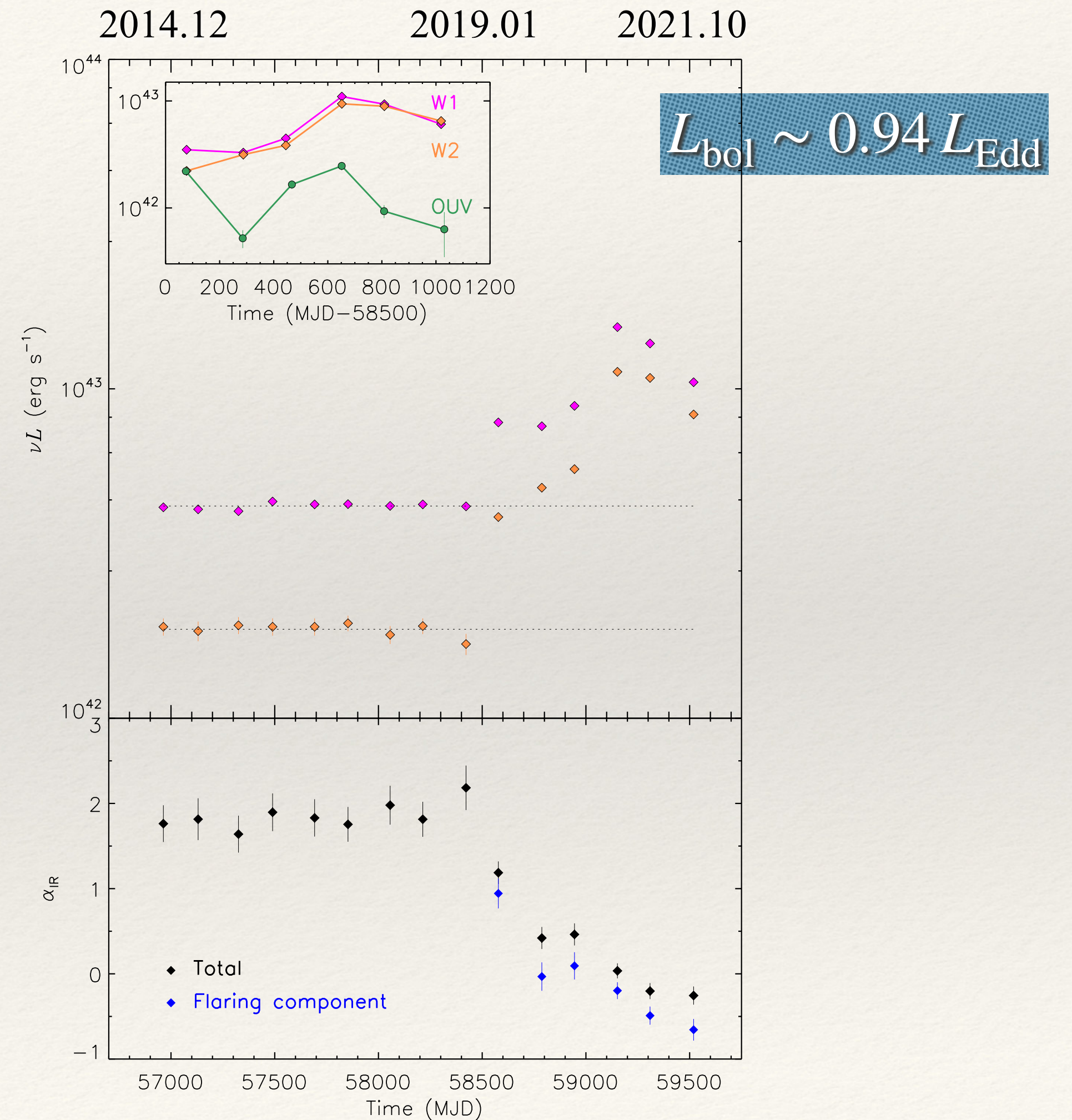
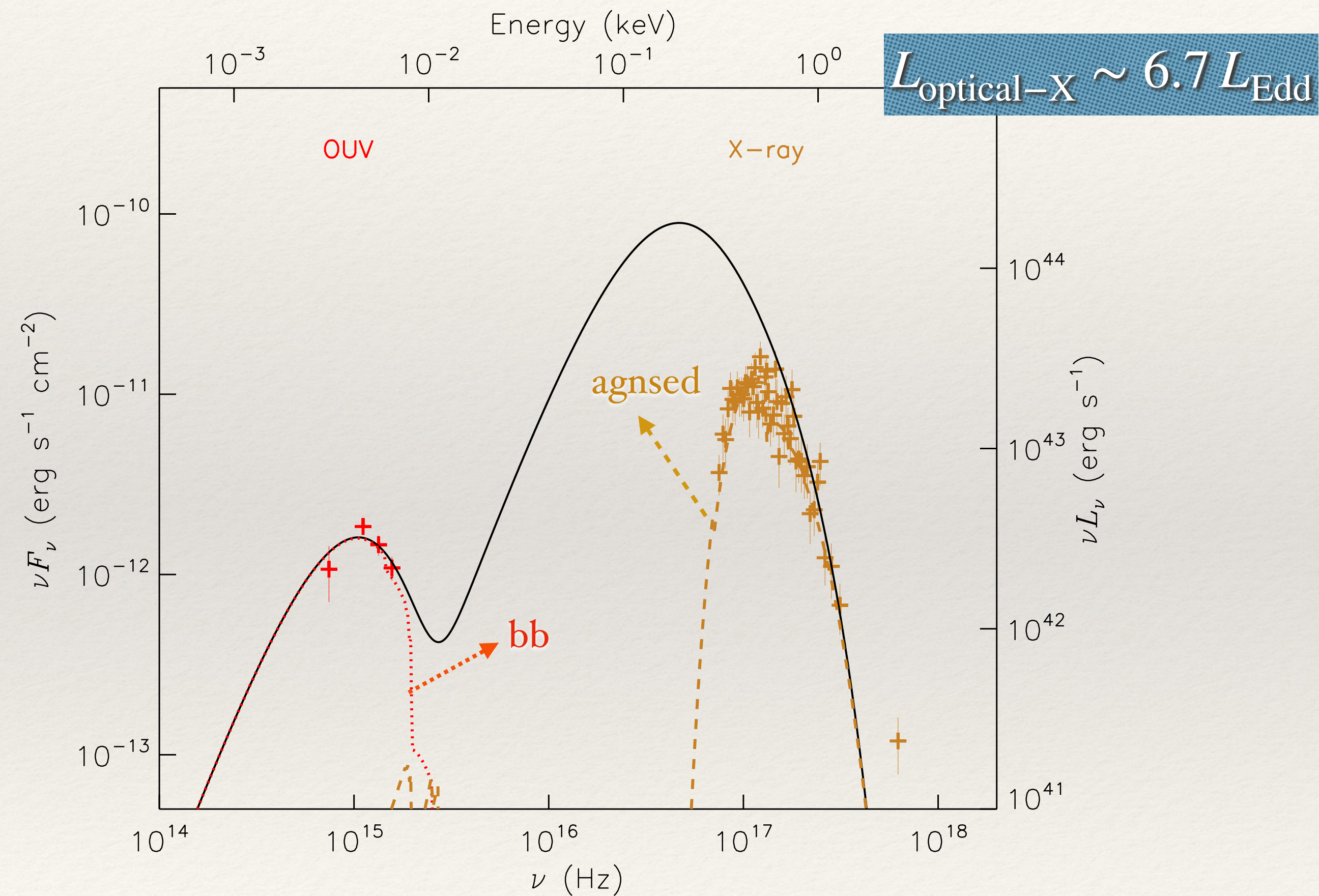
AT 2019avd,  $M_{\text{BH}} \sim 10^{6.3 \pm 0.3} M_{\odot}$ , Wang Y.+ (2023)



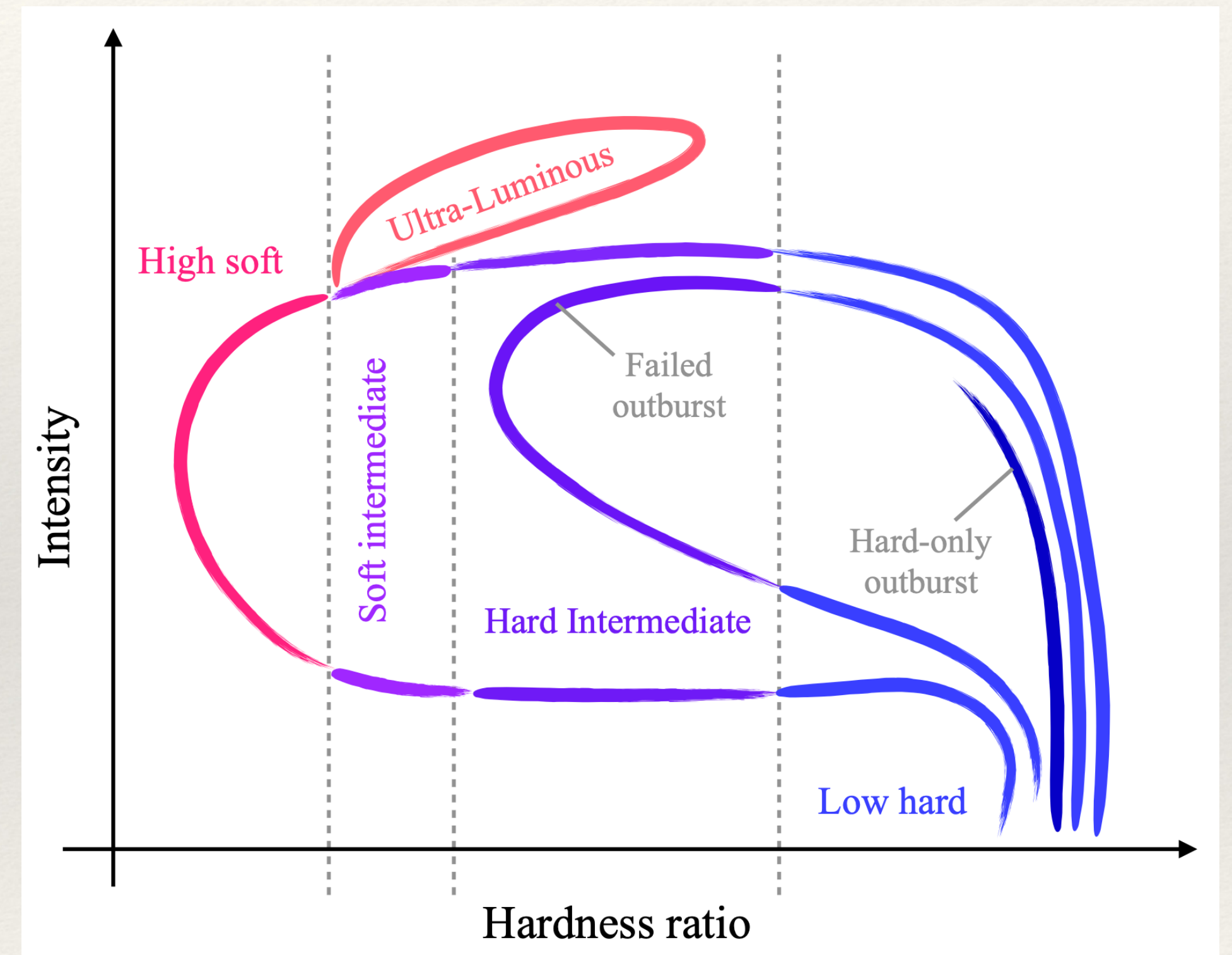
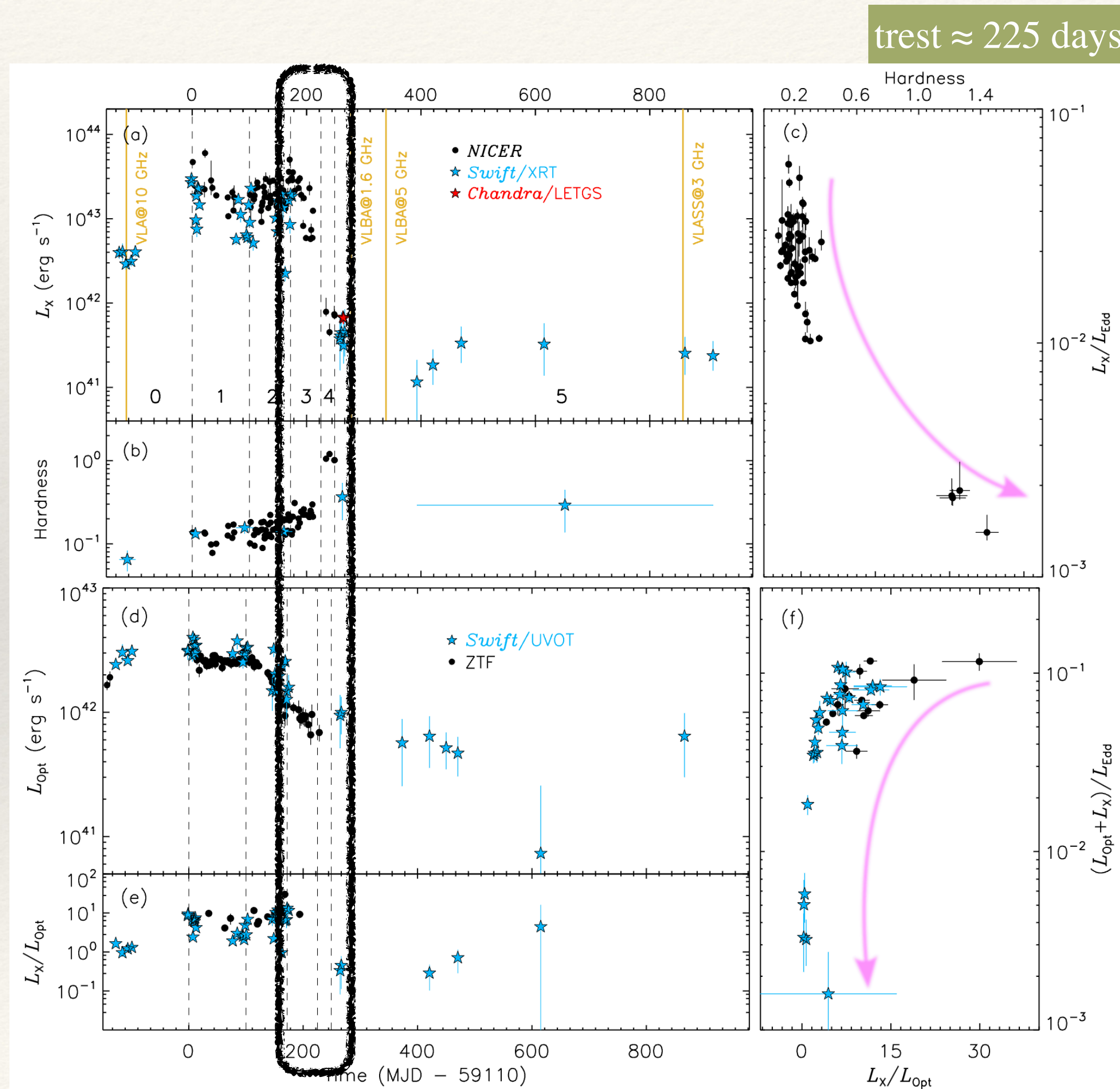
Including **seven** telescopes from radio to soft X-ray:

- Radio: **VLA** & **VLBA**;
- Infrared: **WISE**;
- Optical/UV: **ZTF** & **UVOT**;
- X-ray: **NICER**/**XRT**/**Chandra**.

# AT 2019avd: Super-Eddington luminosity



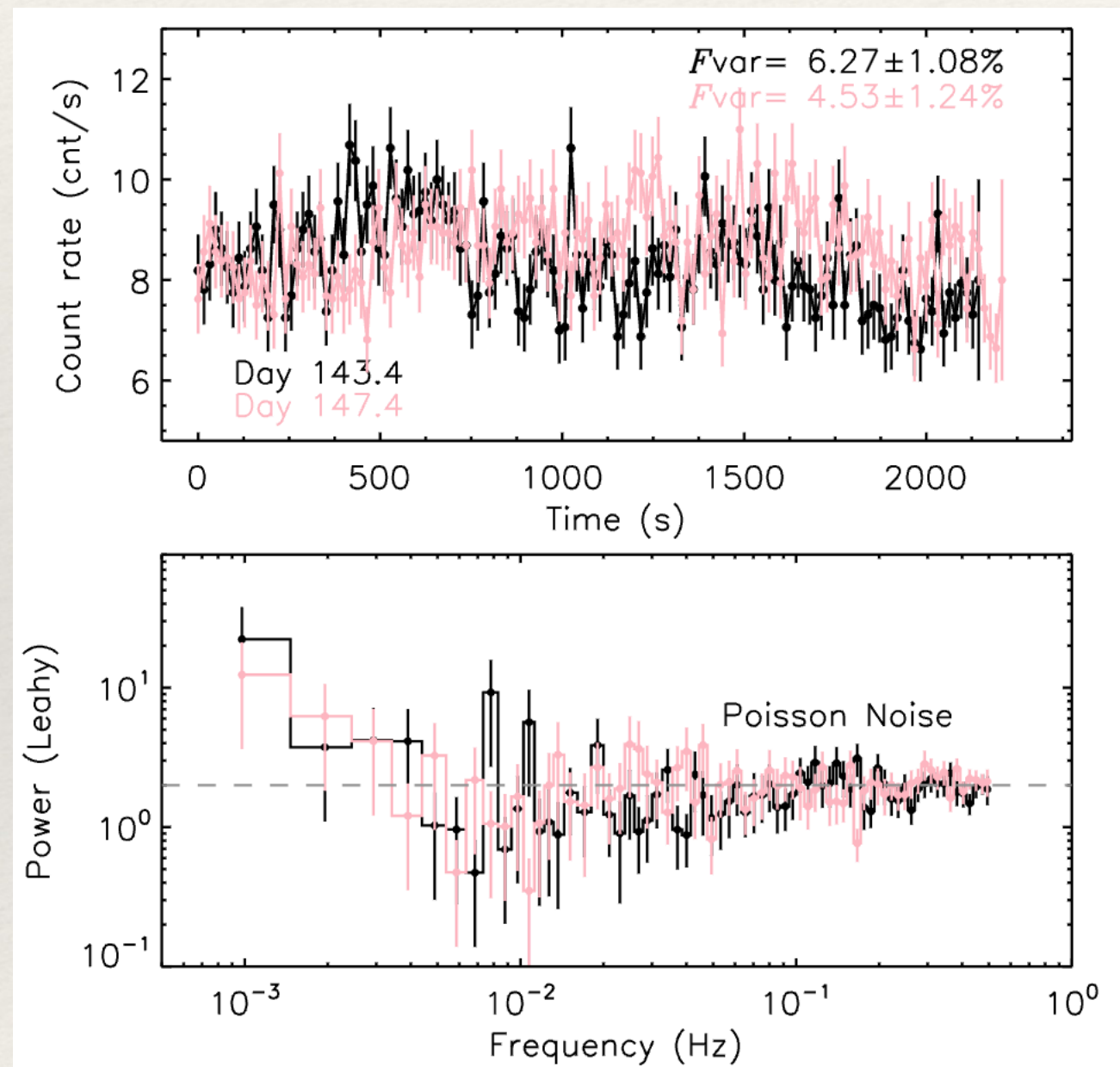
# AT 2019avd: Rapid X-ray dimming and spectral hardening



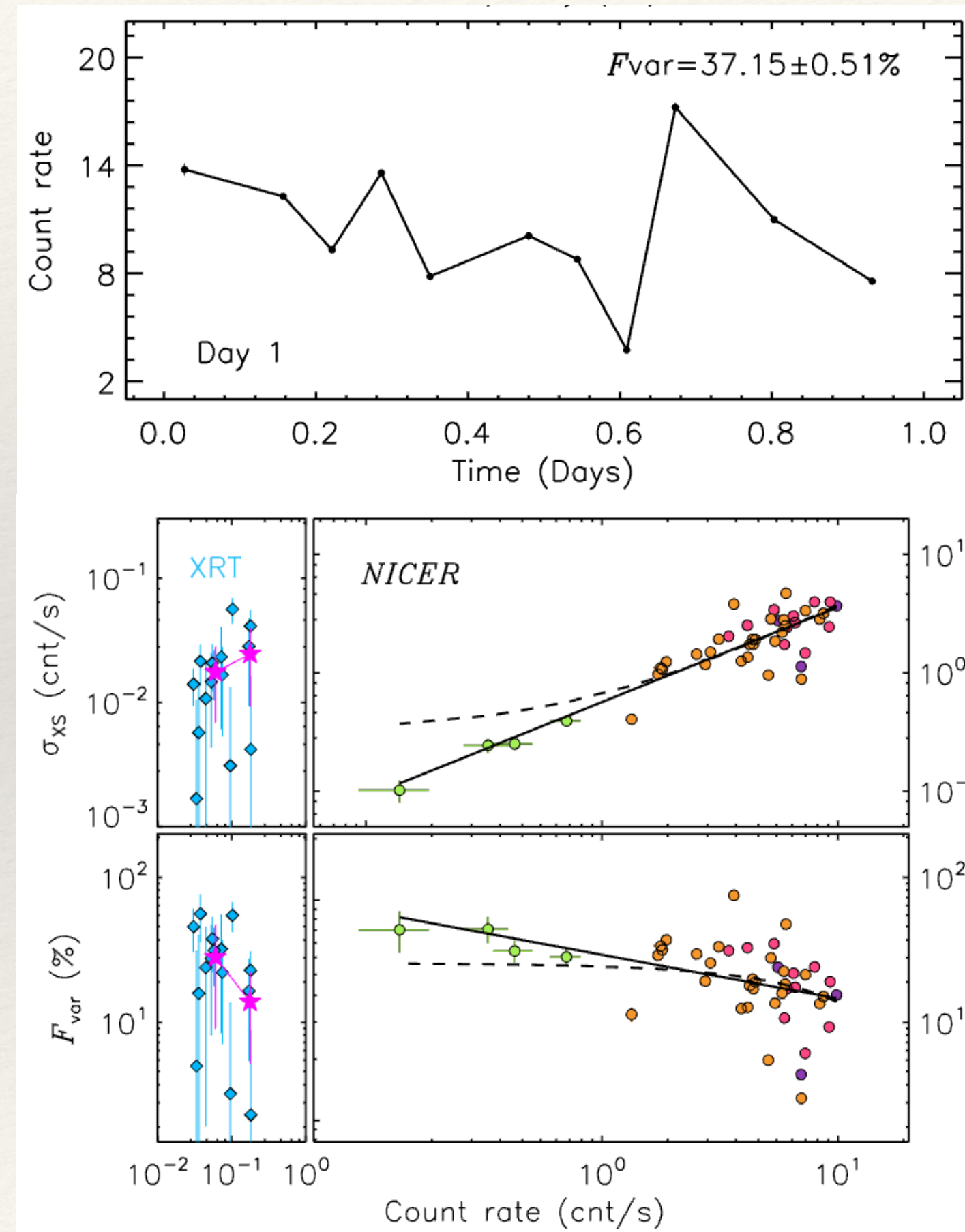
Motta+ (2021)

# AT 2019avd: X-ray variability across different timescales

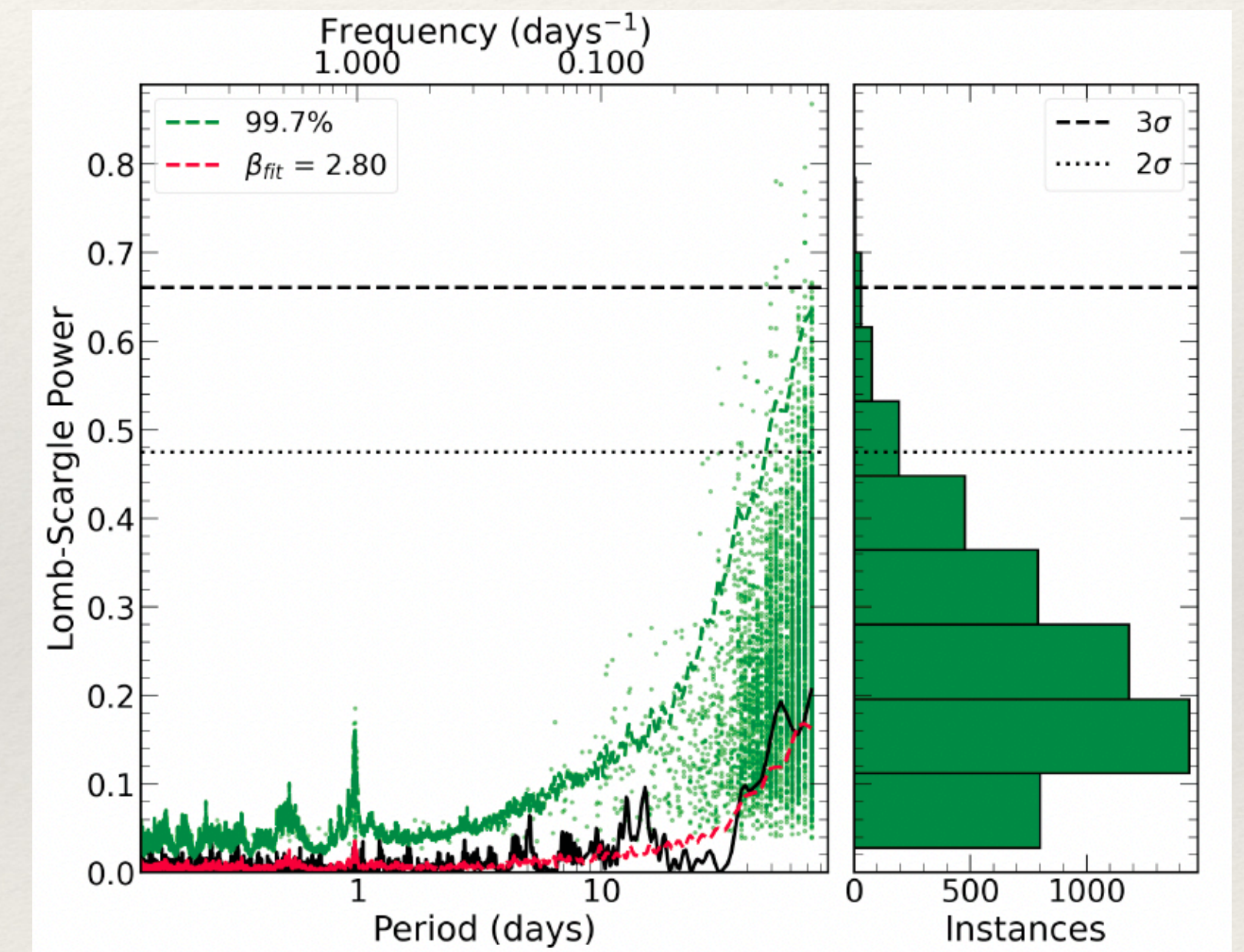
~minutes



~hours

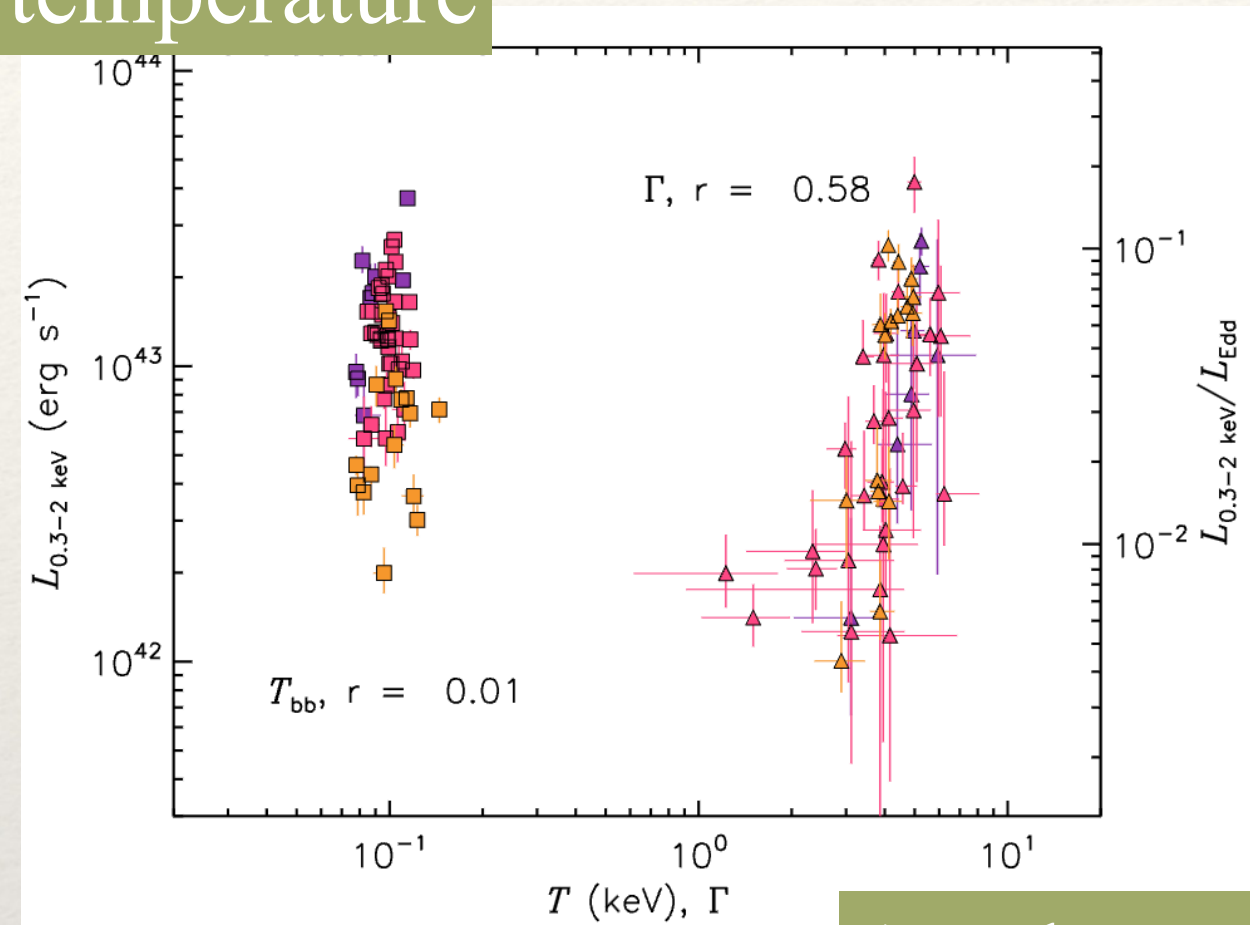


~days

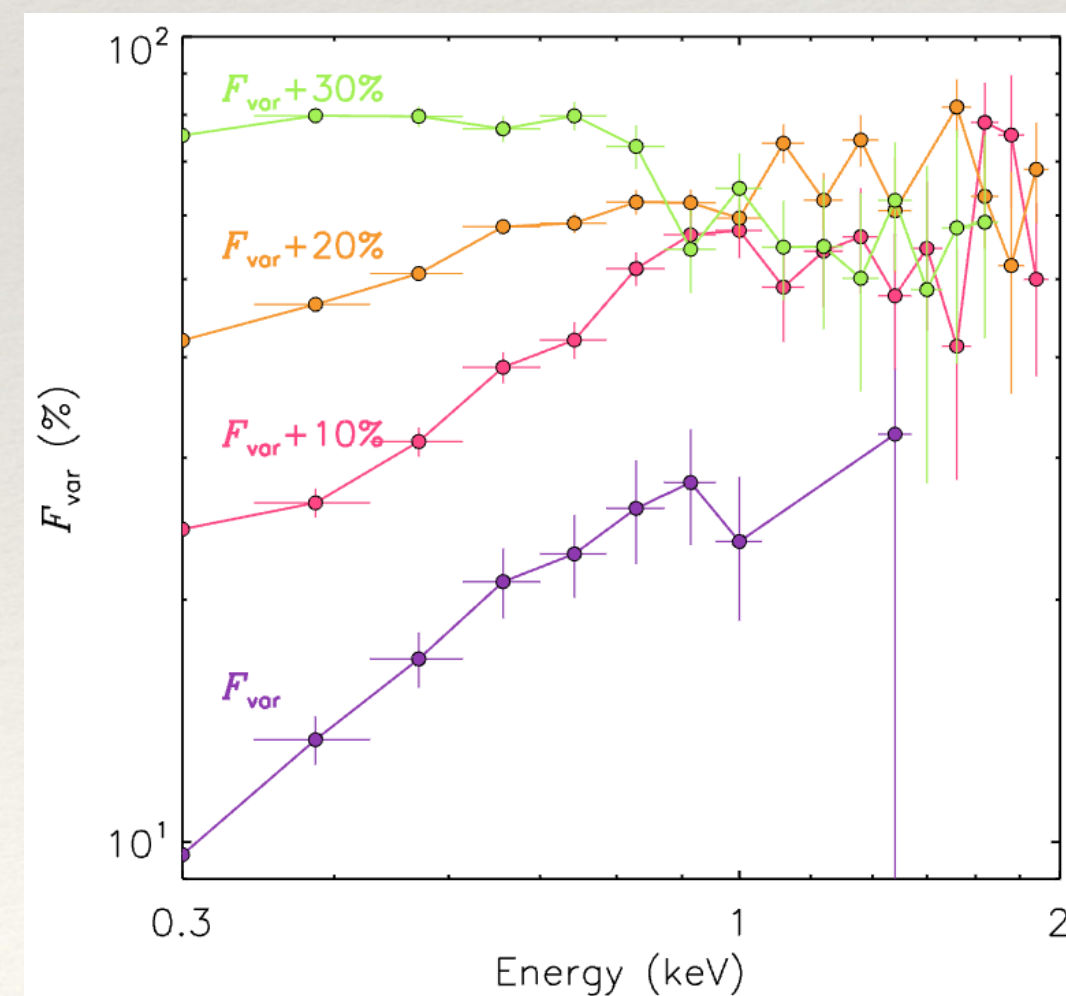


# AT 2019avd: a plausible explanation for the high variability

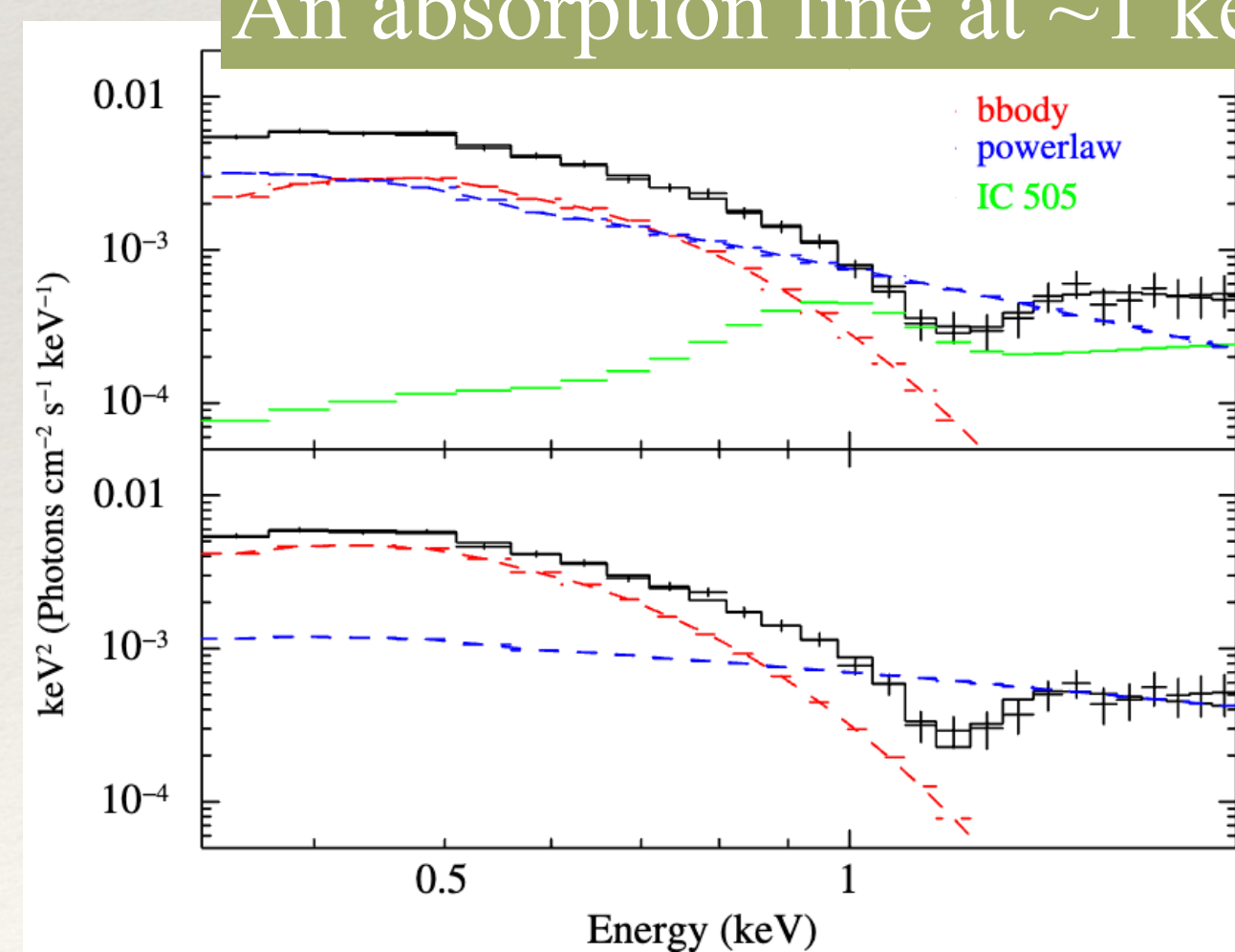
A constant disk temperature



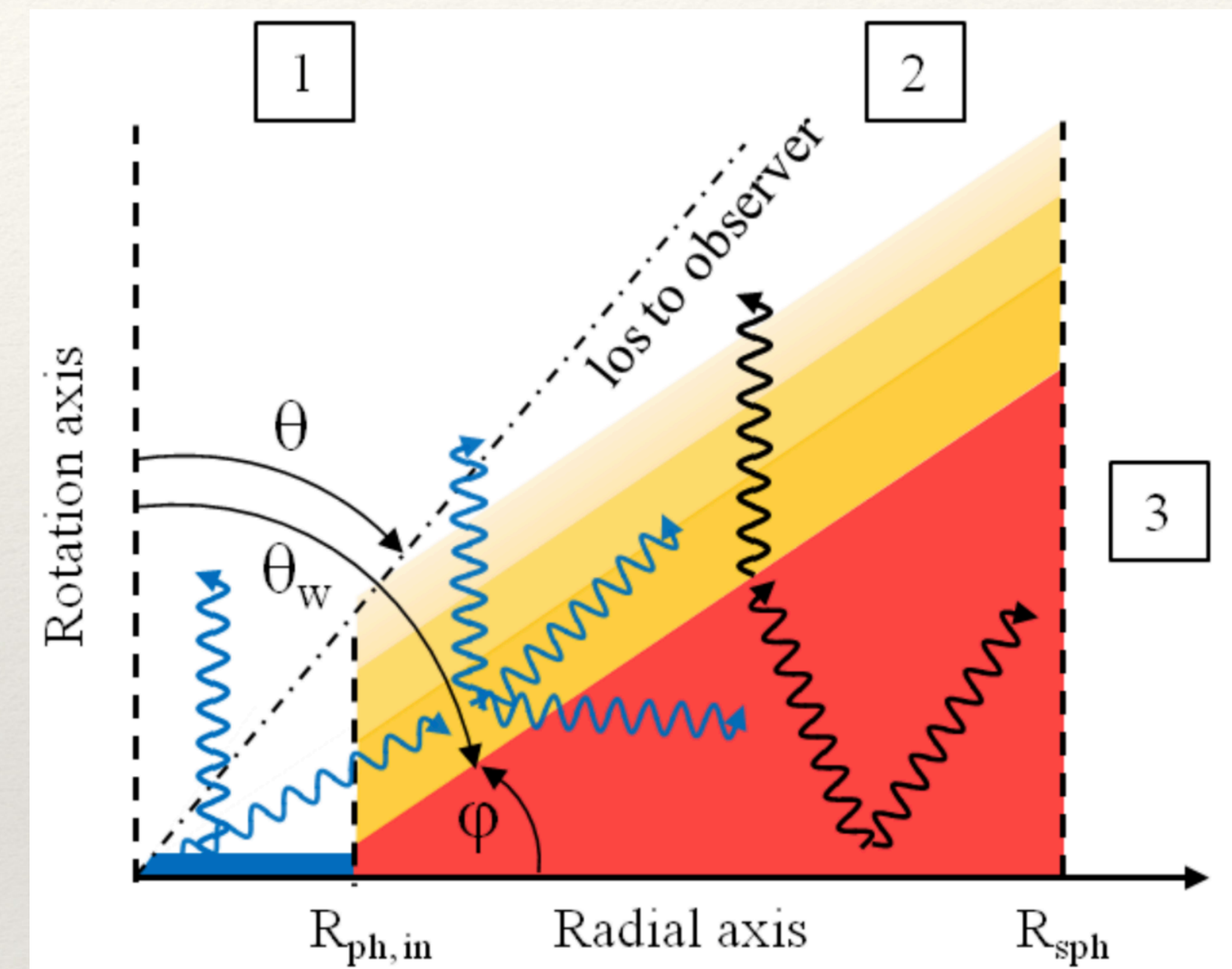
An absorption line at  $\sim 1$  keV



rms increasing with energy



Middleton+ (2015)



- Intrinsic variability via propagated fluctuations
- Extrinsic variability via obscuration and scattering by winds

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# Summary

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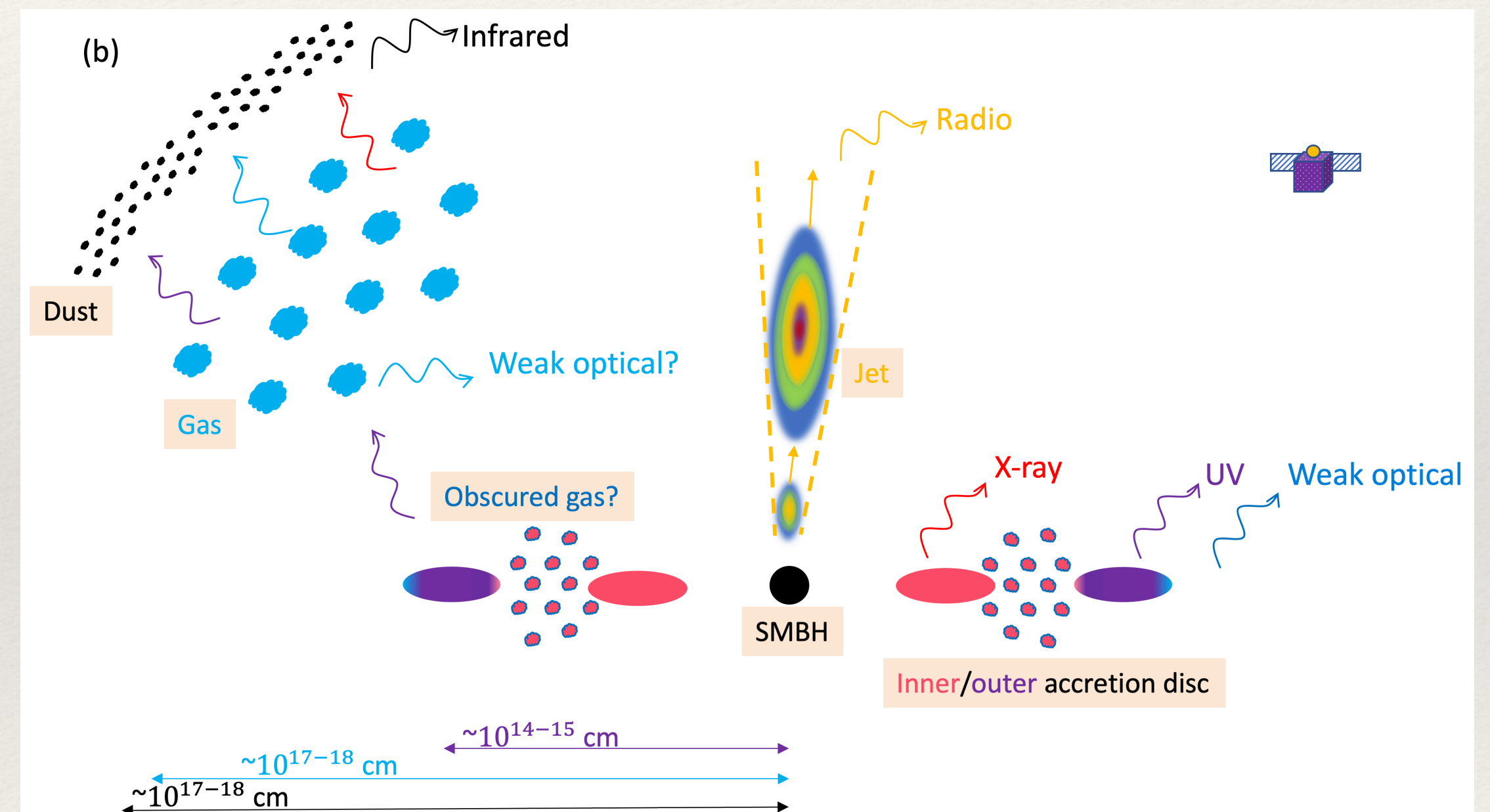
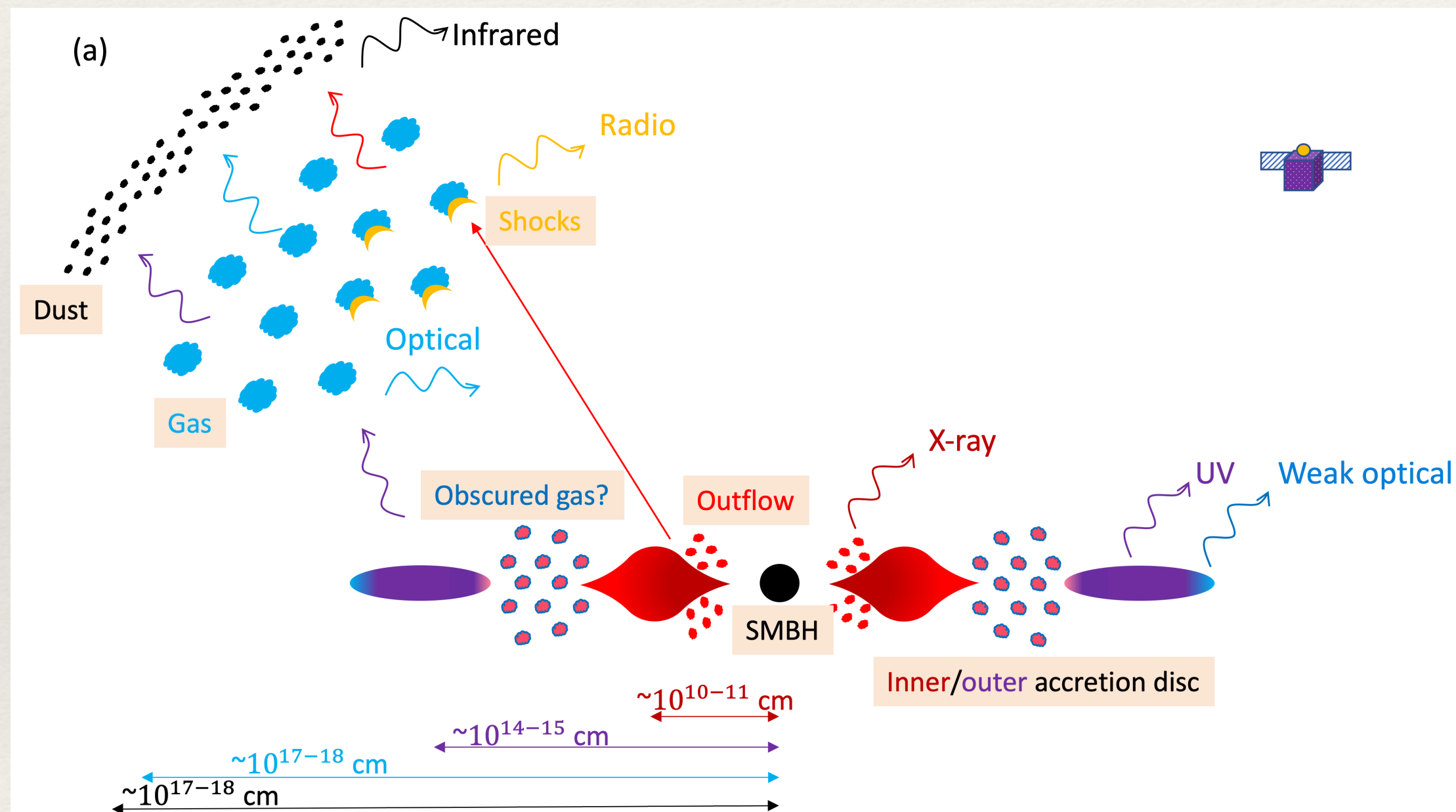
- A rapid drop in X-rays occurs  $\sim 225$  days after the peak of the flare, followed by a soft-to-hard transition when the luminosity decreases down to  $0.01 L_{\text{Edd}}$ , and by the possible ejection of an optically-thick radio outflow;
- The softer-when-brighter relation has been observed throughout the flare: the spectrum hardens as the luminosity decreases;
- The fractional rms amplitude is high with an average of 43% and its evolution is related to spectral state; The variability may be attributed to some clumpy outflows intercepting with the X-ray emission from the accretion disk;
- A soft excess has been detected at least in the relatively soft state, whose temperature remains more or less constant while the luminosity decreases by over one order of magnitude.

**State transition in TDEs: soft-to-hard or super- to sub-critical?**



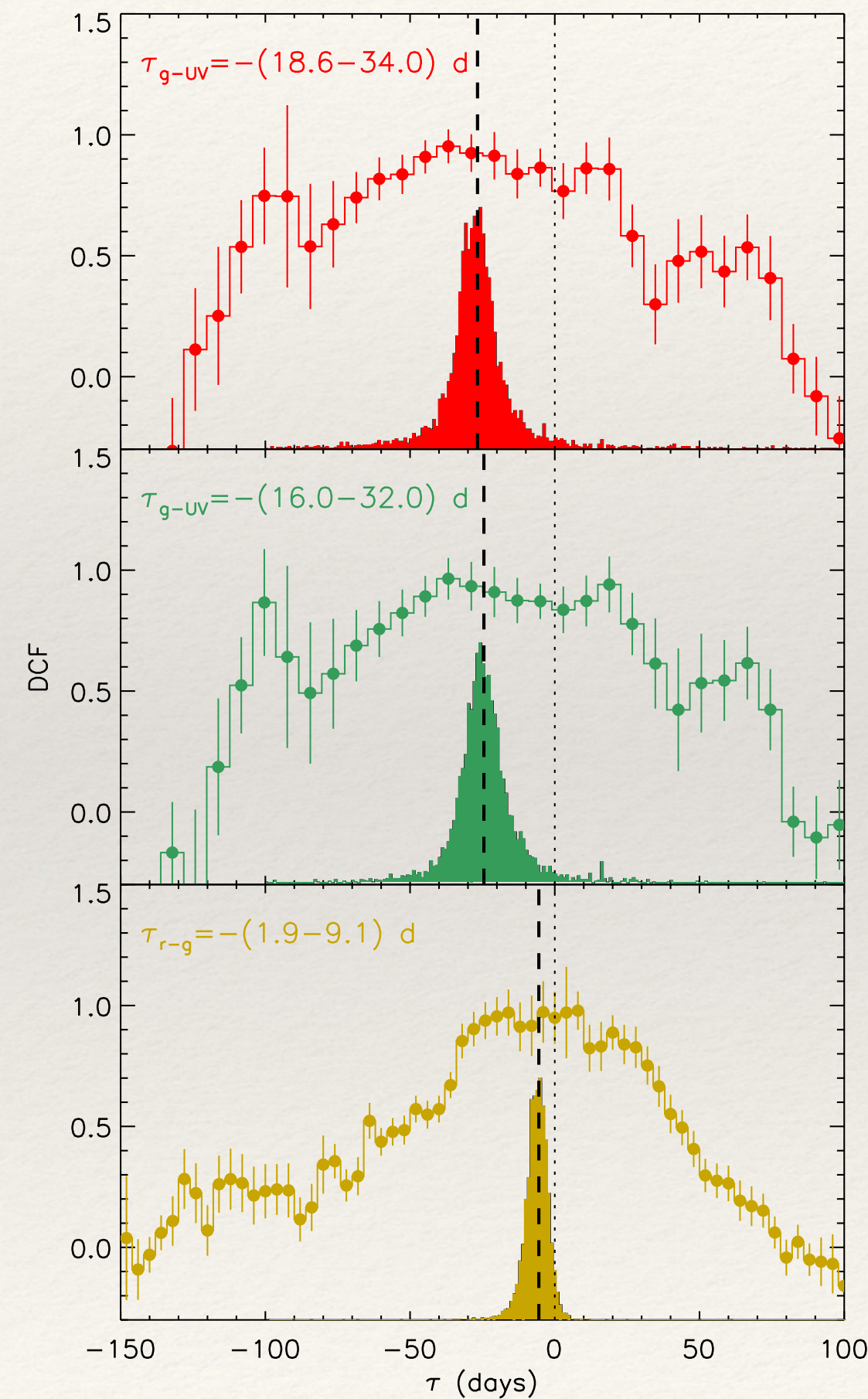
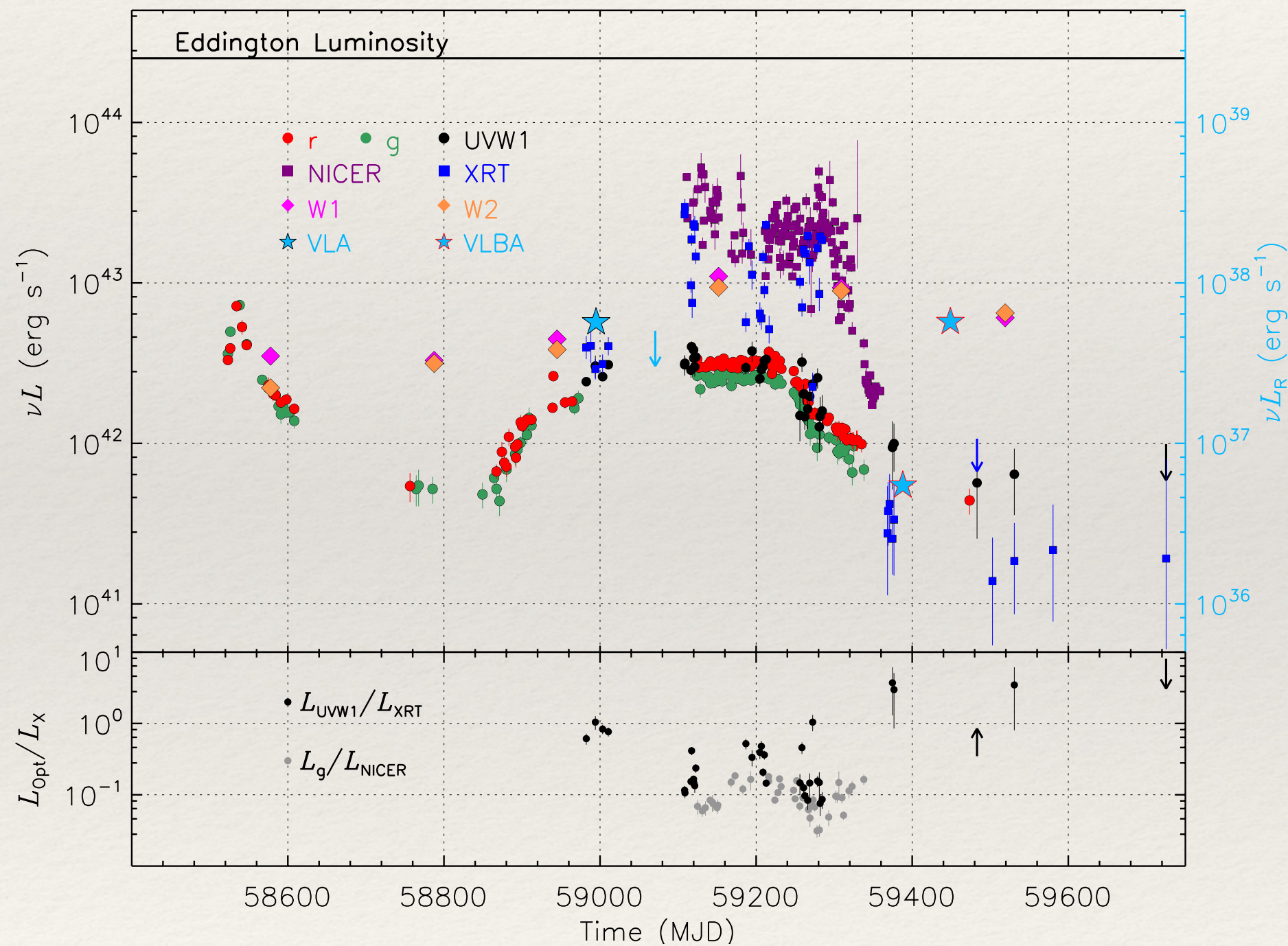
# AT 2019avd: Super- to sub-Eddington accretion regimes

The properties of AT 2019avd offer a unique window into both super- and sub-Eddington accretion processes around SMBHs and offer compelling evidence for the mass-scale invariance of accretion around black holes.



# AT 2019avd: Gaseous environments

The optical emission likely comes from UV reprocessing by a gas at a distance of 0.01–0.03 pc



Time lags:  
discrete correlation function plus bootstrapping technique.

Considering only the light-travel time, the timescale of  $\tau_{r-UV}$  or  $\tau_{g-UV}$  corresponds to a distance of  $4.4 - 8.7 \times 10^{17}$  cm, which is more than four orders of magnitude larger than the circularized debris disc.